

A Moment To Remember (La Paloma)

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Improver
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音乐: La Paloma by Shin Yeon-Ah



Sequence : 40,40,40,40,Tag, 36R, 40, Tag , 8
Intro : 40 counts

(S1) Scissors Cross , Hold , Jazz Box 1/2 Turn Right With Sweep

1 2 Step L to left . Close R beside L .
3 4 Cross L over R . Hold.
5 6 Cross R over L . Turn 1/4 right stepping L back.
7 8 Turn 1/4 right stepping R to right . Sweep L from back to front .(6:00)

(S2) Cross Shuffle , Flick , Cross Shuffle , Sweep

1 2 Cross L over R . Step R to right .
3 4 Cross L over R . Flick R back facing to left diagonal .
5 6 Cross R over L . Step L to left .
7 8 Cross R over L . Sweep L from back to front (facing 12:00) .

(S3) (Jazz Box 1/4 Turn With Touch) x2

1 2 Cross L over R . Step R back .
3 4 Turn 1/4 left stepping L to left . Touch R to right.
5 6 Cross R over L . Step L back .
7 8 Turn 1/4 left stepping R to right . Touch L to left.

(S4) Step , Hold , Full Turn , Step , Hold , Sway (x2)

1 2 Step L forward . Hold .
3 4 Turn 1/2 left stepping R back . Turn 1/2 left stepping L forward .

(Easier : Step R forward . Lock L behind R)

5 6 Step R forward . Hold .
7 8 Step L to left while swaying hips to left , right .

(S5) Back , Sweep , Back , Hitch , Sway (x4)

1 2 Step L back . Sweep R from front to back .
3 4 Step R back . Hitch L beside R .

(**** Restart from here at wall 5 facing 12:00)

5 - 8 Step L back while swaying hips to backwards , forward , backwards , forward .

Tag : Occurs twice, both facing 12:00

1- 4 Step L to left, hold for 3 counts (stretch arms outwards)
5- 8 Place hands across on chest while turning head to left.(weight onto L)
9- 12 Transfer weight on R, stretch out R arm upwards in 3 counts (on strumming)
13-16 Cross L over R, unwind 1/2 turn right in 3 counts (bring hand down) .

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