

My Cup Runneth Over Waltz

COPPER KNOB
BY STEPHEN T. KNOB

拍数: 48 墙数: 1 级数: Beginner - waltz
编舞者: Russell Breslauer (USA) - April 2013
音乐: My Cup Runneth Over - Ed Ames



WEAVE AND TURN x 2

1-2-3 Step Left, over right, Right to side and Left behind right
4-5-6 Turn ½ to the right with Right Left Right
1-2-3 Step Left, over right, Right to side and Left behind right
4-5-6 Turn ½ to the right with Right Left Right

LEFT ROCK RIGHT ROCK x 2

1-2-3 Cross step Left over right, recover on Right, step Left next to right
4-5-6 Cross step Right over left, recover on Left, step Right next to left
1-2-3 Cross step Left over right, recover on Right, step Left next to right
4-5-6 Cross step Right over left, recover on Left, step Right next to left

FORWARD x 2, BACK x 2

1-2-3 Step forward Left Right Left
4-5-6 Step forward Right Left Right
1-2-3 Step back Left Right Left
4-5-6 Step back Right Left Right

LEFT TWINKLE, RIGHT TWINKLE x 2

1-2-3 Cross step Left over right, step Right to side, step Left to left
4-5-6 Cross step Right over left, step Left to side, step Right to right
1-2-3 Cross step Left over right, step Right to side, step Left to left
4-5-6 Cross step Right over left, step Left to side, step Right to right

REPEAT

Contact: Russell Breslauer - email: BreslauerDanceSF@yahoo.com
