

Friends

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Angels Guix (ES) - October 2012
音乐: Friends (feat. Rock Mafia) - Aura Dione



[1-8] SCUFF, HITCH, BACK, SIT & UP, KICK BALL CHANGE, STEP, FULL TURN, STEP BACK

1& Scuff RF forward, hitch RF
2& Step RF back and bend right knee, straight knee to stand up
3&4 Kick LF forward, step in place on ball of LF, step RF forward
5&6 Step LF forward, step RF together, step LF forward
7&8 Step RF forward, ½ turn left and step on LF, ½ turn left and step RF back (look 12:00)

[9-16] SWEEP AND SAILOR STEP, ¼ TURN SAILOR STEP, WEAVE

1&2 Sweep LF from front to back and step behind RF, step on ball of RF to right, step LF to left
3&4 Step RF behind LF, ¼ turn right and step on ball of LF to left, step RF to right diagonal (look 3:00)
5&6& Step LF behind RF, step RF to right, cross LF over RF, step RF to right
7&8 Step LF behind RF, step RF to right, cross LF over RF

[17-24] DIAGONALLY LOCK STEPS, PIVOT TURN, BALL CHANGES TO ½ TURN in a wide circle

1& Step RF diagonally right, lock LF behind RF
2& Step RF diagonally right, lock LF behind RF
3& Step RF diagonally right, lock LF behind RF
4,5 Step RF diagonally right, ½ turn left and step on LF (look 9:00)
&6 Step on ball of RF to side and start turning the ½ turn in a wide circle, cross LF over RF
&7 Step on ball of RF to side, cross LF over RF going on with the ½ turn
&8 Step on ball of RF to side and turn 1/8 to left, cross LF over RF ending the ½ turn in a wide circle (look 3:00)

[25-32] ½ TURN JAZZ BOX x2, WALK x2, RUN BACKWARDS

1&2& Cross RF over LF, ¼ turn right and step LF back, ¼ turn right and step RF right, step LF forward (look 9:00)
3&4& Cross RF over LF, ¼ turn right and step LF back, ¼ turn right and step RF right, step LF forward (look 3:00)
5,6 Step RF forward, step LF forward
7&8& Step RF back, step LF back, step RF back, step LF back

Start again

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