

Words of Wisdom

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Yvonne Krause (USA) - December 2011
音乐: Words of Wisdom - Steps : (3:54)



[1-8] ROCK FORWARD RECOVER, SHUFFLE 1/2 TURN RIGHT, FORWARD ROCK, RECOVER, TRIPLE STEP BACK

1-2 Rock right foot forward, recover on left.
3&4 Shuffle ½ turn right stepping right, left, right.
5-6 Rock forward on left, recover on right.
7&8 Triple step backward, left, right, left.

[9-16] BACKWARD ROCK RECOVER, TRIPLE STEP FORWARD, ROCK FORWARD RECOVER, SHUFFLE 1/4 TURN LEFT

1-2 Rock back on right, recover on left.
3&4 Triple step forward, right, left, right.
5-6 Rock forward on left, recover on right.
7&8 Shuffle ¼ turn left stepping left, right, left.

[17-24] CROSS SIDE, BEHIND SIDE CROSS, SIDE ROCK RECOVER, BEHIND SIDE 1/4 TURN RIGHT, STEP FORWARD

1-2 Cross right foot over left, step left to left side.
3&4 Cross right foot behind left, step left to left side, cross right over left.
5-6 Rock left foot to left side, recover on right.
7&8 Cross left foot behind right, step right foot forward as you make a ¼ turn, step left forward.

***Restart the dance here during the fourth rotation**

[25-32] SHUFFLE FORWARD, FULL TURN, ROCK RECOVER, COASTER STEP

1&2 Shuffle forward with right foot stepping right, left, right.
3-4 Do a two step full turn right stepping left, right.
5-6 Rock forward on left, recover on right.
7&8 Step left foot back, step right next to left, step left foot forward.

***During the fourth wall there is a Restart after 24 counts.**

May You Always Dance Like No One Is Watching

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