

My Oh My

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Jon Levant (USA) & Gail Levant (USA) - March 2013
音乐: My Oh My - Tristan Prettyman : (Album: Cedar + Gold)



Start after 8 counts into the track.

Special thanks to Brenda T. of Sun City West, AZ for finding the music.
Restart after 32 counts on wall 5 and wall 6

Section A: Step, Rock, Recover, Back, Coaster Step, Walk FWD

1-4 Step R foot FWD, Rock L foot FWD, Recover on R foot, Step L foot back
5&6 Step R foot back-Step L foot next to R foot-Step R foot FWD
7-8 Walk FWD L, R

Section B: Lindy left, Shuffle ¼ right, Pivot ½ right

1&2 Step L foot left-Step R foot next to L foot-Step L foot left
3-4 Rock R foot back, Recover on L foot
5&6 Step R foot ¼ turn right-Step L foot next to R foot-Step R foot FWD (3:00)
7-8 Step L foot FWD, Turn ½ right shifting weight to R foot (9:00)

Section C: Shuffle ½ right, Rock, Recover, Kick-Ball-Cross X2

1&2 Step L foot back ¼ turn right-Step R foot next to L foot-Step L foot back ¼ turn right (3:00)
3-4 Rock R foot back, Recover on L foot
5&6 Kick R foot FWD-Step ball of R foot next to L foot-Cross L foot over R foot
7&8 Kick R foot FWD-Step ball of R foot next to L foot-Cross L foot over R foot

Section D: Side Rock, Recover, Cross Shuffle, Hinge Turn ½ right, Shuffle FWD

1-2 Rock R foot to right side, Recover on L foot
3&4 Cross R foot over L foot-Step L foot to left-Cross R foot over L foot
5-6 Step L foot back ¼ turn right, Step R foot FWD ¼ turn right
7&8 Step L foot FWD-Step R foot next to L foot-Step L foot FWD (9:00)

Restart here on wall 5 and wall 6

Section E: Syncopated Rocking Chair, Mambo FWD, Coaster Step, Pivot Turn ½ left

1&2& Rock R foot FWD-Recover on Left foot-Rock R foot back-Recover on L foot
3&4 Rock R foot FWD-Recover on L foot-Step R foot back
5&6 Step L foot back-Step R foot next to L foot-Step L foot FWD
7-8 Step R foot FWD, Turn ½ turn left putting weight on L foot (3:00)

Section F: Step Lock, Step-Lock-Step, Rock, Recover, Coaster Step

1-2 Step R foot FWD, Lock L foot behind R foot
3&4 Step R foot FWD-Lock L foot behind R foot-Step R foot FWD
5-6 Rock L foot FWD, Recover on R foot
7&8 Step L foot back-Step R foot next to L foot-Step L foot FWD

Begin again

Restarts: There is a restart during wall 5 and during wall 6 after the end of Section D (32 counts).
Start over both times following the shuffle FWD (counts 31 & 32).

Optional Ending: The music will fade out while you are doing the kick-ball-crosses at the end of Section C.
You will be facing 12:00. Just step the R foot to the right side, spread your arms out and smile after the 2nd

kick-ball-cross.

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