

C'est La Vie

拍数: 64 墙数: 4 级数: Intermediate
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音乐: C'est la vie - Khaled



Start Dancing after 64 Counts (after first reff)

I. Kick, Hook, Hitch, Turn ¼, Step Side, Touches, Kick Ball Forward, Touch

1&2& Kick R forward - Hook R cross over L - Hitch R - Turn ¼ right, step R side
3&4& Touch L beside R - Step L in place - Touch R beside L - Step R in place
5&6& Touch L beside R - Step L in place - Kick R forward - Ball R back
7-8 Step Long L forward - Touch R beside L

II. Side Skate – Touch 2x, Back Touch, Switching Side Touch

1-2 Skate R to side - Touch L beside R
3-4 Skate L to side - Touch R beside L
5-6 Touch R back - Turn ½ right (drop and move weight on R)
7&8 Touch L to side - Step L next to R - Touch R to side

III. Sailor Turn, Out Out, Hip Bumps

1&2 Turn ¼ right crossing R behind L - Step L beside R - Step R forward
3-4 Step L forward & out - Step R forward & out
5&6 Bump L hip to left (weight on R) – Pull L hip back – Bump L hip to left
&7&8 Pull L hip back – Bump L hip to left – Pull L hip back – Move weight on L

IV. Turn Sailor, Turn ¼, Cross Shuffle, Turn ¼, Shuffle

1&2 Turn ¼ right crossing R behind L - Step L beside R - Step R forward
3-4 Step L forward - Turn ¼ right (move weight on R)
5&6 Cross L over R - Step R slightly side - Cross L over R (optional: bent knees)
7&8 Turn ¼ right, step R forward - Step L next to R - Step R forward

V. Rock Recover, Back Lock Shuffle, Back Rock, Lock Shuffle

1-2 Rock L forward - Recover on R
3&4 Step L back - Cross R over L - Step L back
5-6 Rock R back - Recover on L
7&8 Step R forward - Cross L behind R - Step R forward

VI. Step Forward, Turn ¼, Cross Shuffle, Slide Drag, Back Mambo

1-2 Step L forward - Turn ¼ right (move weight on R)
3&4 Cross L over R - Step R slightly side - Cross L over R
5-6 Slide R long to side - Drag L toward R
7&8 Step L back – Step R in place – Step L next to R

VII. Out In, Open In

1-2 Step R forward & out - Step L forward & out
3-4 Step R back & in - Step L back & in
5-6 Step R to side & open - Step L to side & open
7-8 Step R to side & in - Step L to side & in

VIII. Jazz Box Turn, Cross Rock Recover, Side Step, Forward Mambo, Coaster Step

1&2 Cross R over L - Turn ¼ right stepping L back - Step R to side
3&4 Rock L over R - Recover on R - Step L next to R

5&6 Step R forward - Step L in place - Step R back
7&8 Step L back - Step R together - Step L forward

No Tag - No Restart

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The Universal Line Dance Jakarta - Indonesia

Divisi Pendidikan, Pelatihan, dan Pengembangan The Universal Line Dance

Last revision - 19th July 2013
