

Goodnight Moon

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Darrel Winson (UK) - March 2013
音乐: Goodnight Moon - Shvaree



Intro: 28 counts

SEC 1: BACK ROCK AND RECOVER, FORWARD, FORWARD SHUFFLE, PIVOT ½ TURN L WITH FLICK

1-3 Rock R foot back, recover weight on L foot, step R foot forward

Optional: Push butts backward while rocking R foot back

4&5 Step L foot forward, lock R foot behind L foot, step L foot forward

6-7 Step R foot forward, turn ½ L while flicking R foot back

SEC 2: FORWARD SHUFFLE, WALK FORWARD X2, FORWARD SHUFFLE, SIDE ROCK AND RECOVER

8&1 Step R forward, lock L foot behind R foot, step R foot forward

2-3 Step L foot forward, step R foot forward

4&5 Step L foot forward, lock R foot behind L foot, step L foot forward

6-7 Rock R foot to R side, recover weight on L foot

SEC 3: TRIPLE STEPS, SIDE ROCK AND RECOVER, SAILOR ¼ TURN L, FULL TURN L

8&1 Step R foot, L foot, R foot in places

Optional: Use Cuban hips to do these steps

2-3 Rock L foot to L side, recover weight on R foot

4&5 Turn ¼ L crossing L foot behind R foot, step R foot to R side, step L foot forward

6-7 Turn ½ L stepping R foot back, turn ½ L stepping L foot forward

SEC 4: FORWARD SHUFFLE, FORWARD ROCK AND RECOVER, ½ TURN L, FORWARD SHUFFLE, SYNCOPATED ROCKS

8&1 Step R forward, lock L foot behind R foot, step R foot forward

2-3 Rock L foot forward, recover weight on R foot

4&5 Turn ½ L stepping L foot forward, lock R foot behind L foot, step L foot forward

6&7& Rock R foot to R side, recover weight on L foot, rock R foot forward, recover weight on L foot

8& Rock R foot to R side, recover weight on L foot

TAG: At the end of wall 4, add:

REVERSE ROCKING CHAIR

1-4 Rock R foot back, recover weight on L foot, rock R foot forward, recover weight on L

Foot

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