

Guantanamera

拍数: 48 墙数: 4 级数: Phrased Intermediate
编舞者: William Sevone (UK) - March 2017
音乐: Guantanamera - Julio Iglesias



Dance Sequence:- A A+B A-A A+B A-A A+B A A+B (counts: 32-48-32-32-48-32-32-48-32-48)
Choreographers note:- A QQS Rumba with unusual phrasing. Though the music is over 3 minutes long, the dancer will only complete one full 4 wall cycle. The dance provides room for artistic and Latin styling. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.
Dance starts after 32 count intro with Julio and the Choir singing the Chorus 'Guantanamera'.

SECTION A

A1: Basic Fwd Rumba Walk. Fwd Press. Recover. Together. Hold (12:00)

1 – 2 Step forward onto right. Step left toe next to right heel.
3 – 4 Step forward onto right. Hold.
5 – 6 Press forward onto left. Recover onto right.
7 – 8 Step left next to right. Hold

A2: Basic Bwd Rumba Walk. Backward Full Turn. Touch Out. Hold (12:00)

9 – 10 Step backward onto right. Step left heel next to right toe.
11 – 12 Step backward onto right. Hold
13 – 14 Turn ½ left & step forward onto left (6). Turn ½ left & step backward onto right (12).
15 – 16 Touch left toe out to left back diagonal. Hold

Style note □ Count 15: extend left leg and left arm

A3: Basic Fwd Rumba Walk. Side Press. Recover. Together. Hold (12:00)

17 – 18 Step forward onto left. Step right toe next to left heel.
19 – 20 Step forward onto left. Hold.
21 – 22 Press right to right side. Recover onto left.
23 – 24 Touch right next to left. Hold.

A4: Basic Bwd Rumba Walk. Side Press. Recover. Together. Hold (12:00)

25 – 26 Step backward onto right. Step left heel next to right toe
27 – 28 Step backward onto right. Hold.
29 – 30 Press left to left side. Recover onto right.
31 – 32 Step left next to right. Hold

SECTION B

B1: 2x 1/4 Fwd-Recover-1/4 Side-Hold (2x Rumba New Yorker) (12:00)

33 – 34 Turn ¼ left & step forward onto right (9). Recover onto left
35 – 36 Turn ¼ right & step right to right side (12). Hold
37 – 38 Turn ¼ right & step forward onto left (3). Recover onto right.
39 – 40 Turn ¼ left & step left to left side (12). Hold.

B2: Modified Rumba New Yorker. 1/4 Fwd. 1/2 Pivot. 1/4 Side. Hold (3:00)

41 - 42 Turn ¼ left & step forward onto right (9). Recover onto left
43 - 44 Turn ½ right & step right to right side (3). Hold
45 - 46 Turn ¼ right & step forward onto left. Pivot ½ right (weight on right) (12).
47 - 48 Turn ¼ right & step left to left side (3). Hold.

Last Update - 30th July 2016