

I Can Take it From Here

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Margaret Morrison (USA) - February 2013
音乐: I Can Take It from There - Chris Young



STEP RIGHT, STEP TOGETHER, SIDE SHUFFLE, STEP LEFT, KICK STEP BACK, STEP TOGETHER

1,2 Step right to right side, step left next to right
3&4 Step right to right side, step left next to right, step right to right side
5,6 Step left to left side, kick right foot forward
7,8 Step right foot back, step left next to right

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, STEP HALF PIVOT, STEP HALF PIVOT

1&2 Step right foot forward, step left next to right, step right foot forward
3&4 Step left foot forward, step right next to left, step left forward
5,6 Pivot half turn stepping left over left shoulder, step right, step left
7,8 step right foot half over left shoulder, half turn . step left foot had turn
(5,6,7,8 easier alternative: step forward right, left)

TOUCH FRONT, TOUCH SIDE, SAILOR STEP, TOUCH FRONT, TOUCH SIDE SAILOR STEP

1,2 Touch right foot to the front, touch right foot to the right side
3&4 Step right foot behind left, step left foot to the side, step right foot next to left
5,6 Touch left foot to the front, touch left foot to the left side
7&8 Step left foot behind right, step right foot to the side, step left foot next to right

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, COASTER WITH A QUARTER TURN LEFT

1,2 Rock right foot forward, recover weight to left foot
3&4 Step right foot back, step left next to right, step right foot forward
5,6 Rock left foot forward, recover weight to right foot
7&8 Step left foot back, step right back and turn ¼ turn to the left, step left foot forward

Thanks to Kent for suggesting this song!

Last Revision - 26th March 2013
