

Nothing to Cry for

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Easy Intermediate - waltz
编舞者: Francien Sittrop (NL) - March 2013
音乐: Nothing At All - Trijntje Oosterhuis : (Album: Wrecks We Adore)



Altern. Music: Reba Mcentire - Cry

Intro: Start after 24 Counts from the beginning ,on Vocals

[1 – 6] Twinkles x2

1 – 3 Step L across R, Rock R to R side, Recover on L
4 – 6 Step R across L, Rock L to L side, Recover on R

[7-12] Twinkle ½ L , Cross Rock Recover

1 – 3 Step L across R, ¼ Turn L step R back, ¼ Turn L step L to L side (06.00)
4 – 6 Cross Rock R over L, Recover on L, Step R to R side

[13-18] Vine R, ¼ R, Step Fwd, Pivot ½ R

1 – 3 Step L across R, Step R to R side, Step L behind R
4 – 6 ¼ R step R fwd, Step L fwd, Pivot ½ Turn R (Weight ends on R) (03.00)

[19-24] Step Fwd, Full Turn L , Walks Diagonally fwd

1 – 3 Step L Diagonally L fwd, ½ Turn L step R back, ½ Turn L step L fwd (13.30)
4 – 6 Walk Diagonally L fwd with R, L , R (13.30)

[25-30] Mambo Step, Coaster Step ¼ L

1 – 3 Rock L fwd, Recover on R, Step L back
4 – 6 Step R back, Step L next to R, ¼ Turn L step R fwd (11.30)

[31-36] Step Diag. L fwd, Kick fwd x2Coaster Step 1/8 R

1 – 3 Step L Diagonally L fwd , Kick R twice (11.30)
4 – 6 Step R back , Step L next to R (turn back to the 12 O 'Clock Wall) , Step R fwd

[37-48] Basic Steps Diamond Shape

1 – 3 Basic Steps Fwd L,R,L (Facing 12.00)
4 – 6 Step Diag Back Right on R ,Turning to Face 1/8 L, Step L next to R, Step R next to L
(facing9.00)

1 – 3 Step Diag Fwd Left on L, Turning to Face 1/8 L , Step R next to L, Step L next to R (Facing
6.00)
4 – 6 Step Diag Back Right on R,Turning to Face 1/8 L, Step L next to R, Step R next to L(Facing
3.00)

Start Again

When using the Reba Mcentire track there is one Restart during wall 5 after count 42 , start again with count 1

Contact - Website: www.franciensittrop.nl