

Song of My Heart

COPPER KNOB
BY STEPHEN

拍数: 24 墙数: 4 级数: Improver
编舞者: Nicky Tan (MY) - March 2013
音乐: You Are The Song In My Heart (你是我心内的一首歌) (feat. Selina) - Wang Leehom (王力宏)



Dance starts after first 16 counts.

Section 1 : R Step, Rock Forward, Recover, L Back Cha Cha , Rock Back, Recover, R Forward Cha Cha

1,2,3 Step RF forward, Rock LF forward, Recover on RF
4&5 Back Cha Cha on LR, RF, LF
6,7 Rock RF back, Recover on LF
8&1 Forward Cha Cha on RF, LF, RF (12:00)

Section 2 : Point, Turn ¼ L & Step Point, R Rock Recover, Turn ½ R Step, Forward

2 Touch LF to side
3,4 Turn ¼ L & Step LF in place, Touch RF to side (9:00)
5,6 Rock RF forward, Recover on LF
7,8 Turn ½ R & Step RF forward, Step LF forward (3:00)

Section 3 : R Step Diagonally Forward, Touch, L Step Diagonally Back, Touch, ¼ Turn Paddle twice

1,2 Step RF diagonally forward, Touch LF beside RF
3,4 Step LF diagonally back, Touch RF beside LF
5,6 Step RF forward, Turn ¼ L weight on LF
7,8 Repeat Steps 5,6 (9:00)

4 count Short Tag : Rocking Chair

After every wall Except for After Wall 3, 7 & 9

1-4 Rock RF forward, Recover on LF, Rock RF back, Recover on LF

8 count Long Tag : Rocking Chair

After Wall 3 (3:00) , Wall 7 (3:00) & Wall 9 (9:00)

1-4 Rock RF forward, Recover on LF, Rock RF back, Recover on LF
5-8 Repeat Steps 1-4

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Last Revision - 28th March 2013