

Jalla Jalla

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Ulrika Rapp (SWE) & Lisa Rapp (SWE) - March 2013
音乐: Jalla Dansa Sawa - Behrang Miri : (Album: Melodifestivalen 2013)



Start after approximately 32 Counts from start of track at about 15 seconds

Step forward R, heel split, walk back R L, R coaster step, step turn ½ R

1&2 Step forward on right foot, split heels apart, bring heels back to center
3 4 Walk back on right foot, walk back on left foot
5&6 Step right back, step left together, step forward
7 8 Step left forward, make 1/2 turn to right

Walk L forward hold, R ball step touch, hip bump back R & L

1 2 Walk forward on left, hold for a count
&34 Step right next to left, Step forward on left, Touch right next to left
5 6 Small step back on right, bump hips back twice
7 8 Small step back on left, bump hips back twice (*) (**)

Step forward R, ¼ turn R point L, ¼ ¼ turn L point R, R side rock, Together side X 2

1 2 Step forward on right foot, make ¼ turn right point left to left side
3 4 Make ¼ turn left stepping left forward, make ¼ turn left point right to right side
5 6 Rock right to side, recover onto left
&7&8 Step right next to left, step left to left side, step right next to left, step left to left side

R Cross rock, R chasse ¼, 1/2 turn R, ½ shuffle R, L step

1 2 Cross rock right over left, recover back onto left
3&4 Step right to right side. Close left beside right. Step right 1/4 turn right
5&6&7 ½ right stepping back on left, turning ½ right step right forward, step left together, step right forward
8 Step left forward

(*) Restart 1 during wall 3

Dance the first 16 counts then restart dance from the beginning.

(**) Restart 2 during wall 7

Dance the first 16 counts then restart dance from the beginning.

To my good friend Marie – Egypt here we come!

Contact: ulrikarapp73@hotmail.com