Legendary Cowgirl



编舞者: Phoenix Adamson (NZ) - March 2013 音乐: Legend of a Cowgirl - Imani Coppola



Intro: 24 Counts

KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, BEHIND - SIDE - CROSS

1 & 2	Kick Right Foot Forward On Slight Diagonal, Step Right Next To Left, Cross Left Over Right
3 & 4	Kick Right Foot Forward On Slight Diagonal, Step Right Next To Left, Cross Left Over Right
5 – 6 – 7 & 8	Rock Right To Side, Recover Weight Onto Left, Cross Right Behind Left, Step Left To Side,
	Cross Right Over Left

KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, BEHIND - SIDE - CROSS

1 & 2	Kick Left Foot Forward On Slight Diagonal, Step Left Next To Right, Cross Right Over Left
3 & 4	Kick Left Foot Forward On Slight Diagonal, Step Left Next To Right, Cross Right Over Left
5 – 6 – 7 & 8	Rock Left To Side, Recover Weight Onto Right, Cross Left Behind Right, Step Right To Side, Cross Left Over Right

SIDE ROCK & CROSS, STEP & CROSS, STEP BACK WITH 1/4 TURN, WALK, WALK

1 – 2 & 3	Rock Right To Side, Recover Onto Left, Cross Right Behind Left (&), Cross Left Over Right
4 & 5	Step Right To Side, Step Left To Side (&), Cross Right Over Left
6 - 7 - 8	Step Back On Left Making ¼ Turn Right, Walk Forward On Right, Walk Forward On Left (3
	O'Clock)

ROCK & SHUFFLE ½ TURN, ROCK & SHUFFLE ½ TURN

1 – 2	Rock Forward On Right, Recover Onto Left
3 & 4	Shuffle ½ Turn Stepping Right – Left – Right
5 – 6	Rock Forward On Left, Recover Onto Right
7 & 8	Shuffle ½ Turn Stepping Left – Right – Left

REPEAT

RESTART: Begin Dance Again After 1st 16 Counts On Wall 4 (This Now Becomes Wall 5) (3 O'Clock) Begin Dance Again After 1st 16 Counts On Wall 8 (This Now Becomes Wall 9) (6 O'Clock)

TAGS & RESTARTS:

On Wall 9 There Is A 16 Count Tag With A Restart That Comes In After 1st 16 Counts (This Now Becomes Wall 10) (6 O'Clock)

	_	-	
T_{Λ}	2	1	•
	11.7		_

1-2-3-4 5-6-7&8	Rock Right To Side, Recover Onto Left, Step Right Next To Left, HOLD Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right – Left – Right
1 – 2 – 3 & 4 5 – 6 – 7 – 8	Rock Left To Side, Recover Onto Left, Cross Shuffle Stepping Left – Right – Left Rock Right To Side, Recover Onto Left, Step Right Next To Left, HOLD

TAG 2: This Comes In At The End Of Wall 11 (Facing 12 O'Clock)

1 - 2 - 3 & 4	Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right – Left – Right
5-6-7&8	Rock Left To Side, Recover Onto Left, Cross Shuffle Stepping Left – Right – Left

Last Revision - 18th March 2013