

# Ping Pong (With My Heart)

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Ross Brown (ENG) - March 2013  
音乐: Ping Pong With My Heart (Radio Edit) - Paulini : (CD: Ping Pong With My Heart - Single - 2:34)



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**Intro: 16 Counts (Approx. 8 Secs)**

## **HIP BUMPS FORWARD. X2.**

- 1 – 2      Touch right toes forward and bump hips forward, bump hips back.
- 3 – 4      Bump hips forward, hold for Count 4. [Weight ends on right foot]
- 5 – 6      Touch left toes forward and bump hips forward, bump hips back.
- 7 – 8      Bump hips forward, hold for Count 8. [Weight ends on left foot] (12 O'CLOCK)

## **TOE FAN. X4.**

- 1 – 2      Step forward with right, fan right toes to the right.
- 3 – 4      Step forward with left, fan left toes to the left.
- 5 – 6      Step forward with right, fan right toes to the right.
- 7 – 8      Step forward with left, fan left toes to the left. (12 O'CLOCK)

## **ROCK FORWARD. BACK, SWEEP. X3.**

- 1 – 2      Rock forward with right, recover onto left.
- 3 – 4      Step back with right, sweep left foot back.
- 5 – 6      Step back with left, sweep right foot back.
- 7 – 8      Step back with right, sweep left foot back. (12 O'CLOCK)

## **BEHIND, SIDE, CROSS. HITCH ¼ TURN L. PRISSY WALK, HOLD. X2.**

- 1 – 2 – 3      Cross step left behind right, step right to the right, cross step left over right.
- 4      Make a ¼ turn left hitching right knee up to left.
- 5 – 6      Walk forward and slightly across with right, hold for Count 6.
- 7 – 8      Walk forward and slightly across with left, hold for Count 8. (9 O'CLOCK)

**END OF DANCE!**

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