The Bass



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Ria Vos (NL) - March 2013

音乐: Never Played the Bass (Radio Edit) - Nabiha



Intro: 16 Counts

R Step Fwd, L Rock Fwd, L Coaster into Rock Fwd, L Step Back, R Coaster Cross

1-2-3 Step Fwd on R, Rock Fwd on L, Recover on R

4& Step Back on L, Step R Next to L

5-6-7 Rock Fwd on L, Recover on R, Step Back on L8&1 Step Back on R, Step L Next to R, Cross R Over L

Hold, & R Cross, L Side, R Rock Back, R Kick-Ball-Cross

2 Hold

&3-4 Step L to L Side, Cross R Over L, Step L to L Side

5-6 Rock Back on R, Recover on L

7&8 Kick R Fwd to R Diagonal, Step R Next to L, Cross L Over R

Full Turn L, Behind-Side-Cross, R Point, R Cross, L Side Rock & Step Fwd

1-2-3 1/2 Turn L Step Back on R, 1/2 Turn Step Fwd on L, 1/4 Turn Step R to R Side

4&5 Step L Behind R, Step R to R Side, Cross L Over R

6-7 Point R to R Side, Cross R Over L

8&1 Rock L to L Side, Recover on R, Step Fwd on L

R Rock Fwd, Shuffle 1/2 Turn R, Step Pivot 3/4 Turn R, L Side, R Together

2-3 Rock Fwd on R, Recover on L
4&5 Shuffle ½ Turn R Stepping R, L, R
6-7 Step Fwd on L, Pivot ¾ Turn R
8& Step L to L Side, Step R Next to L

L Step Fwd, R Rock Fwd, R Coaster into Rock Fwd, R Step Back, L Coaster Cross

1-2-3 Step Fwd on L, Rock Fwd on R, Recover on L

4& Step Back on R, Step L Next to R

5-6-7 Rock Fwd on R, Recover on L, Step Back on R8&1 Step Back on L, Step R Next to L, Cross L Over R

Hold, & L Cross Rock, ¼ Turn L, ½ Turn L, ¼ Turn L Chasse L

2 Hold

&3-4 Step R to R Side, Cross Rock L Over R, Recover on R
5-6 ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R

R Jazz Box, L Cross Shufffle, R Side Rock, Kick & Point

1-2-3 Cross R Over L, Step Back on L, Step R to R Side4&5 Cross L Over R, Step R to R Side, Cross L Over R

6-7 Rock R to R Side, Recover on L

8&1 Kick R Fwd, Step R Next to L, Point L to L Side

1/4 L Kick & Point, R Heel Grind 1/4 Turn R, R Coaster Step, Kick-Ball-[Step]

4-5 Heel Grind R Over L, ¼ Turn R Step Back on L

Step Back on R, Step L Next to R, Step Fwd on R
[1] Kick L Fwd, Step L Next to R, [Step Fwd on R -count 1 of the dance]

Restart: After count 48 on wall 2 (6:00) & 5 (3:00)

Contact: dansenbijria@gmail.com