

Requiem (In Memory of Mark)

COPPERKNOB
BY STEPHEN

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Adrian Churm (UK) - March 2013
音乐: Hotel Angel - DJ Ötzi & The Bellamy Brothers



(40 count intro)

Sec 1. Side Rock, Triple crossover (x2)

1 – 2 Rock right foot out the right side, recover onto left.
3&4 Step right foot across left, step left foot to the side, step right foot across left.
5 – 6 Rock left foot out to the left side, recover onto right.
7&8 Step left foot across right, step right foot to the side, step left foot across right. (12 o'clock)

Sec 2. Side, behind, chasse with ¼ turn right, rock forward, ½ turn, left, shuffle forward.

1 – 2 Step right foot to the side, step left foot behind right.
3&4 Chasse to right side RLR making a ¼ turn right.
5 – 6 Rock left foot forward, recover back onto right (preparing to turn left).
7&8 make a ½ turn left into shuffle forward LRL (9 o'clock)

Sec 3. Sweep ¼ turn left, lock or shuffle back, rock back, shuffle forward.

1 – 2 Sweep right foot around to front making a ¼ turn left, step onto right foot.
3&4 Lock step back LRL or shuffle back.
5 – 6 Rock right foot back, recover forward onto left.
7&8 Shuffle forward RLR (6 o'clock)

Sec 4. Sweep ¼ turn right, lock or shuffle back, rock back, shuffle forward.

1 – 2 Sweep left foot around to front making a ¼ turn right, step onto left foot
3&4 Lock step back RLR or shuffle back.
5 – 6 Rock left foot back, recover forward onto right.
7&8 Shuffle forward LRL (9 o'clock)

Sec 5. Heel Grind ¼ turn right, rock back (x2)

1 – 2 Touch Right heel forward. Grind 1/4 turn right small step back with left.
3 – 4 Rock right foot back, recover forward onto left.
5 – 8 Touch Right heel forward. Grind 1/4 turn right small step back with left.
7 – 8 Rock right foot back, recover forward onto left. (3 o'clock)

Sec 6. Side hold, close, side, touch, roll full turn to left side, brush

1 – 2 Step right foot to the side. Hold.
&3 – 4 Close left towards the right, step right foot to the side, touch left foot next to right (with optional clap).
5 – 6 Make a ¼ turn left and step left foot forward, make a ½ turn left and step right foot back.
7 – 8 Make a ¼ turn left and step left foot to the side, brush right foot forward. (3 o'clock).

Sec 7. Jazz box ¼ turn right, brush, Jazz box brush.

1 – 2 Cross right foot over left, step left foot back, (preparing to turn right).
3 – 4 Make a ¼ to the right and step right foot to the side, brush left foot forward.
5 – 6 Cross left foot over right, step right foot back.
7 – 8 Step left foot to the side, brush right foot forward. (6 o'clock)

Sec 8. Pivot turn ½ left, shuffle forward, pivot turn ½ right, shuffle forward

1 – 2 Step onto right foot forward, make a ½ turn left
3&4 Shuffle forward RLR

5 – 6 Step left foot forward, make a ½ turn right
7&8 Shuffle forward LRL (6 o'clock) ** Restart here when facing the front**

Sec 9. Rock step, coaster step (x2) Only when facing the back wall

1 – 2 Rock forward onto right, recover back onto left.
3&4 Step right foot back, close left to right, Step right foot forward.
5 – 6 Rock forward onto left, recover back onto right.
7&8 Step left foot back, close right to left, step left foot forward. (6 o'clock)

Contact Email: danceade@hotmail.co.uk
