

Girls Love To Shake

COPPERKNOB
BY STEPHENETS

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Séverine Fillion (FR) - February 2013
音乐: Girls Love to Shake It - Love and Theft : (Album: Love and Theft)



Intro : 32 counts

Choreography written and taught in Italy (Villaganzerla) march 9th 2013

Sequence : A A B A A A B B A B B B

PART A - 32 counts

[1-8] SIDE, BEHIND, & HEEL, HOLD, & CROSS, SIDE, SAILOR 1/4 TURN

- 1-2 Right step to right side, left cross behind right
- &3-4 Right to right (&), Touch left heel diagonally left fwd (3), hold (4)
- &5 Recover on left next to right, right cross over left
- 6 Left step to left side
- 7&8 Right cross behind left, ¼ turn right stepping left to left, right step fwd 9 :00

[9-16] SHUFFLE FWD, KICK BALL POINT (RIGHT & LEFT), HEEL TWIST 1/4 TURN

- 1&2 Shuffle left right left fwd
- 3&4 Kick right fwd, right next to left, touch left toe to left side
- 5&6 Kick left fwd, left next to right, touch right toe to right side
- 7&8 Swivel both heels to the right, to the left, to the right ¼ turning left (ending weight on right) 12 :00

[17-24] COASTER STEP, STOMP X 2, POINT & HEEL SWITCHES

- 1&2 Left step back, right next to left, left step fwd
- 3-4 Stomp right fwd, Stomp left next to right
- 5&6 Touch right toe to right side, recover on right next to left, touch left toe to left side
- &7&8& Recover on left, touch right heel fwd, recover on right, touch left heel fwd, recover on left

[25-32] STEP 1/2 TURN TWICE, JAZZ BOX

- 1-4 Right step fwd, ½ turn left, right step fwd, ½ turn left
- 5-8 Right cross over left, left step back, right to right, left step fwd

PART B - 32 counts

[1-8] KICK BALL CROSS, BUMPS (+ HEEL TWIST)

- 1&2 Right Kick diagonally right, right step slightly back, left cross over right
- 3&4 Right step to right side with hip bump to the right, hip bump to the left, hip bump to the right
- Option (for men !): instead of bumps : Twist heels to the right, to the left, to the right**
- 5&6 Bump to the left, Bump to the right, Bump to the left (+ heels twist)
- 7&8 Bump to the right, Bump to the left, Bump to the right (+ heels twist)

[9-16] KICK BALL CROSS, BUMPS (+ HEEL TWIST)

- 1&2 Left Kick diagonally left, left step slightly back, right cross over left
- 3&4 Step left to left side with hip Bump to the left, Bump to the right, Bump to the left (+heels twist)
- 5&6 Bump to the right, Bump to the left, Bump to the right (+ heels twist)
- 7&8 Bump to the left, Bump to the right, Bump to the left (+heels twist)

[17-24] STEP FWD, TOUCH, 1/2 TURN & STEP FWD, TOUCH (TWICE)

- 1-4 Right step fwd, Touch left next to right, ½ turn left stepping left fwd, Touch right next to left
- 5-8 Right step fwd, Touch left next to right, ½ turn left stepping left fwd, Touch right next to left

Option : Shimmy during this 8 counts

[25-32] PADDLE FULL TURN (WITH HIP ROLL)

1-2 Touch right ball fwd, turn $\frac{1}{4}$ left with hip roll (opposite clockwise) + for girls : Slap right hand on right hip

Option for men : tap right heel fwd, turn $\frac{1}{4}$ left

5-8 Dance again counts 1-2 three times to make a full turn in all

Enjoy !!

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