Girls Love To Shake



拍数: 64 墙数: 1 级数: Intermediate

编舞者: Séverine Fillion (FR) - February 2013

音乐: Girls Love to Shake It - Love and Theft: (Album: Love and Theft)



Intro: 32 counts

Choreography written and taught in Italy (Villaganzerla) march 9th 2013

Sequence: AABAAABBABBB

PART A - 32 counts

[1-8] SIDE, BEHIND, & HEEL, HOLD, & CROSS, SIDE, SAILOR 1/4 TURN

1-2 Right step to right side, left cross behind right

&3-4 Right to right (&), Touch left heel diagonally left fwd (3), hold (4)

&5 Recover on left next to right, right cross over left

6 Left step to left side

7&8 Right cross behind left, ¼ turn right stepping left to left, right step fwd 9:00

[9-16] SHUFFLE FWD, KICK BALL POINT (RIGHT & LEFT), HEEL TWIST 1/4 TURN

1&2 Shuffle left right left fwd

3&4 Kick right fwd, right next to left, touch left toe to left side5&6 Kick left fwd, left next to right, touch right toe to right side

7&8 Swivel both heels to the right, to the left, to the right ¼ turning left (ending weight on right) 12

:00

[17-24] COASTER STEP, STOMP X 2, POINT & HEEL SWITCHES

1&2 Left step back, right next to left, left step fwd3-4 Stomp right fwd, Stomp left next to right

Touch right toe to right side, recover on right next to left, touch left toe to left side

&7&8& Recover on left, touch right heel fwd, recover on right, touch left heel fwd, recover on left

[25-32] STEP 1/2 TURN TWICE, JAZZ BOX

1-4 Right step fwd, ½ turn left, right step fwd, ½ turn left

5-8 Right cross over left, left step back, right to right, left step fwd

PART B - 32 counts

[1-8] KICK BALL CROSS, BUMPS (+ HEEL TWIST)

1&2 Right Kick diagonally right, right step slightly back, left cross over right

Right step to right side with hip bump to the right, hip bump to the left, hip bump to the right

Option (for men!): instead of bumps: Twist heels to the right, to the left, to the right

Bump to the left, Bump to the right, Bump to the left (+ heels twist)

Bump to the right, Bump to the left, Bump to the right (+ heels twist)

[9-16] KICK BALL CROSS, BUMPS (+ HEEL TWIST)

1&2 Left Kick diagonally left, left step slightly back, right cross over left

3&4 Step left to left side with hip Bump to the left, Bump to the right, Bump to the left (+heels

twist)

Bump to the right, Bump to the left, Bump to the right (+ heels twist)

Bump to the left, Bump to the right, Bump to the left (+heels twist)

[17-24] STEP FWD, TOUCH, 1/2 TURN & STEP FWD, TOUCH (TWICE)

Right step fwd, Touch left next to right, ½ turn left stepping left fwd, Touch right next to left Right step fwd, Touch left next to right, ½ turn left stepping left fwd, Touch right next to left

Option: Shimmy during this 8 counts

[25-32] PADDLE FULL TURN (WITH HIP ROLL)

1-2 Touch right ball fwd, turn ¼ left with hip roll (opposite clockwise) + for girls : Slap right hand

on right hip

Option for men : tap right heel fwd, turn ¼ left

5-8 Dance again counts 1-2 three times to make a full turn in all

Enjoy!!

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