

Spin Me Round

拍数: 48 墙数: 4 级数: Improver
编舞者: Peter Jones (UK) & Anna Lockwood (UK) - March 2013
音乐: Dance With You (Radio Edit) - Miss 600 : (EP: Dance With You - iTunes)



Starts 16 counts in. (136 bpm)

S1: Side Rock, Recover, Behind, Side, Cross, 4 x Walks (Full Turn).

1-2 Rock R To R Side, Recover Weight Onto L.
3&4 Step R Behind L, Step L To L Side, Cross R Over L.
5-6-7-8 Walk L, R, L, R, In A Full Circle L (12:00).

S2: Cross, Side, Behind, Side, Heel, Together, Cross, Side, Behind, Side, Cross.

1-2 Cross L Over R, Step R To R Side.
3&4& Step L Behind R, Step R To R Side, Touch L Heel To L Diagonal, Step L Next To R.
5-6 Cross R Over L, Step L To L Side.

Taglet & Restart Here On Wall 6 (9:00)

7&8 Step R Behind L, Step L To L Side, Cross R Over L.

S3: Side Rock, Recover, Behind, Side, Cross, Rocking Chair.

1-2 Rock L To L Side, Recover Weight Onto R.
3&4 Step L Behind R, Step R To R Side, Cross L Over R.
5-6 Rock Forward Onto R, Recover Weight Back Onto L.
7-8 Rock Back Onto R, Recover Weight Forward Onto L.

S4: Cross, Side, Behind, Side, Heel, Together, Cross, ¼ Turn, Chasse ½ Turn.

1-2 Cross R Over L, Step L To L Side.
3&4& Step R Behind L, Step L To L Side, Touch R Heel To R Diagonal, Step R Next To L.
5-6 Cross L Over R, Turn ¼ L Stepping Back Onto R. (9:00)
7&8 Turn ¼ L Stepping L To L Side, Step R Next L, Step L To L Side. (6:00)

S5: Cross Rock, Recover, Side, Hold, Together, Side, Hold, Together, Shuffle ¼ Turn.

1-2 Cross Rock R Over L, Recover Weight Onto L.
3-4 Step R To R Side, Hold.
&5-6 Step L Next To R, Step R To R Side, Hold.
&7&8 Step L Next To R, Turn ¼ R Stepping Forward Onto R, Step L Next To R, Step Forward Onto R. (9:00)

S6: Step, ½ Turn, Step ½ Turn, Jazz Box, Touch.

1-2-3-4 Step Forward Onto L, Pivot ½ R Onto R, Step Forward Onto L, Pivot ½ R Onto R. (9:00)
5-6-7-8 Cross L Over R, Step Back Onto R, Step L To L Side, Touch R Next To L.

Taglet Hip Bump R, Hip Bump L.

1-2 Step R To R Side Bump Hips R, Step L To L Side Bump Hips L.

Have fun and dance with a smile ;0)

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