

Lady is a Tramp

拍数: 64 墙数: 2 级数: Improver / Intermediate
编舞者: Nicola Lafferty (UK) - March 2013
音乐: The Lady Is a Tramp - Tony Bennett & Lady Gaga : (Album: Duets II)



Intro: 32 Count Intro

[1-8] Walk, Hold, Walk, Hold, Jazz Box, Cross

1,2 Walk RF fwd, Hold
3,4 Walk LF fwd, Hold
5,6 Cross RF over LF, Step LF back,
7,8 Step RF to R side, Cross LF over RF

[9-16] Drag Ballchange with ½ Turn, Drag Ballchange

1,2 Step RF a large step to R side, Hold
3,4 Making a ½ turn over R shoulder, Close LF to RF, Step RF in place
5,6 Step LF a large step to L side, Hold
7,8 Close RF to LF, Step LF in place

[17-24] Charleston Step, Coaster Step

1,2 Touch R toe fwd, Hold
3,4 Step RF back, Hold
5,6,7,8 Step LF back, Close RF to LF, Step LF fwd, Hold

[25-32] 4 x Cross Points

1,2 Cross RF over LF, Touch LF to L side
3,4 Cross LF over RF, Touch RF to R side
5,6 Cross RF over LF, Touch LF to L side
7,8 Cross LF over RF, Touch RF to R side

[33-40] Step Fwd, Tap, Step Back, Tap, Step ½ Turn with Taps

1,2 Step RF fwd, Tap LF behind RF
3,4 Step LF back, Tap RF in front of LF
5,6,7,8 Step RF fwd, making a half turn over your right shoulder, tap your LF behind your RF 3 times

[41-48] Step Fwd, Tap, Step Back, Tap, Step Lock Step, Hold

1,2 Step LF fwd, Tap RF behind LF
3,4 Step RF back, Tap LF in front of RF
5,6,7,8 Step LF fwd, Lock RF behind LF, Step LF fwd, Hold

[49-56] Hitch, Slide Back, Coaster Step

1,2 Hitch R knee up, Hold
3,4 Slide RF a big step back, Hold
5,6,7,8 Step LF back, Close RF to LF, Step LF fwd

[57-64] Step Fwd, Hold, ½ Pivot Hold, Full Turn travelling Fwd

1,2 Step RF fwd, Hold
3,4 ½ Pivot Turn over L shoulder, Hold
5,6 Make ½ Turn L stepping RF back, Hold
7,8 Make ½ Turn over L shoulder stepping LF fwd

***Harder option for counts 5,6,7,8:**

Add in a double turn forward, rather than the single turn described.

