

# Gangnam Style

拍数: 0      墙数: 1      级数: Intermediate  
编舞者: Kay Jeong (KOR) & PSY (KOR) - August 2012  
音乐: Gangnam Style - PSY



Intro : 16 Count - Sequence: Starting, A,B,C,D,E,A,B,C,D,E,Tag,D',Ending

**Starting : 2 x 8**

**S1**

1&      RF to side point with slightly up, LF point to RF  
2&      RF to side point with slightly up, LF point to RF  
3&      RF to side point with slightly up, LF point to RF  
4&      RF to side point with slightly up, LF point to RF  
5 6 7 8      RF draw a half circle right side

**S2**

1&      RF to side point with slightly up, LF point to RF  
2&      RF to side point with slightly up, LF point to RF  
3&      RF to side point with slightly up, LF point to RF  
4&      RF to side point with slightly up, LF point to RF  
5 6 7 8      RF draw a half circle right side

**A : 32 count : 4 x 8**

**A1**

1 2      RF side step, LF Point (R hand up)  
3 4      LF side step, RF Point (L hand in front of chest)  
5 6 7 8      RF Point with full left turn (keep R hand up, L hand in front of chest)

**A2**

1 2      RF side step, LF Point (R hand put on head)  
3 4      LF side step, RF Step (L hand put on head)  
5 6 7 8      Body Movement (moving Both hand from top to down)

**A3**

1 2      RF side step, LF Point (R hand up)  
3 4      LF side step, RF Point (L hand in front of chest)  
5 6 7 8      RF Point with full left turn (keep R hand up, L hand in front of chest)

**A4**

1 2      RF side step, LF Point (R hand put on head)  
3 4      LF side step, RF Step (L hand put on head)  
5 6 7 8      Body Movement (moving Both hand from top to down)

**B : 32 count : 4 x 8**

**B1**

1 2 3 4      Jump bwd, weighted R, L, R, L  
5 6 7 8      RF Cross LF, LF side point, LF Cross RF, RF side Point

**B2**

1 2 3 4      Jump bwd, weighted R, L, R, L  
5 6 7 8      RF Cross LF, LF side point, LF Cross RF, RF side Point

**B3**

1 2 3 4 Jump bwd, weighted R, L, R, L  
5 6 7 8 RF Cross LF, LF side point, LF Cross RF, RF side Point

#### **B4**

1 2 3 4 Jump bwd, weighted R, L, R, L  
5 6 7 8 RF Cross LF, LF side point, LF Cross RF, RF side Point

#### **C : 48 count : 6 x 8**

##### **C1**

1 2 3 4 Shimmy – RF fwd, LF fwd, RF bwd, LF Bwd  
5 6 RF side step, LF Point (LF down),  
7 8 LF side Step, RF Close LF step (clapping)

##### **C2**

1 2 Both F jump to R (03:00) (R hand point out)  
3 4 Both F jump to L (12:00) (Both hand up)  
5 6 Both F jump to L (09:00) (R hand point out)  
7 8 Both F jump to R (12:00) (Both hand up)

##### **C3**

1 2 3 4 Shimmy – RF fwd, LF fwd, RF bwd, LF Bwd  
5 6 RF side step, LF Point (LF down),  
7 8 LF side Step, RF Close LF step (clapping)

##### **C4**

1 2 Both F jump to R (03:00) (R hand point out)  
3 4 Both F jump to L (12:00) (Both hand up)  
5 6 Both F jump to L (09:00) (R hand point out)  
7 8 Both F jump to R (12:00) (Both hand up)

##### **C5**

1 2 RF Step, LF Step, (R hand point out, L hand point out)  
3 4 RF Step, LF Step, (R hand point up, L hand point up)  
5 6 RF Step, LF Step, (R hand put on back of head, L hand put on back of head)  
7 8 RF Step, LF Step, (R hand point to LF, L hand point to RF in front)

##### **C6**

1&2&3&4& RF Step, LF Step, RF Step, LF Step, RF Step, LF Step, RF Step, LF Step (Both hand open from down to up as circle)  
5 6 7 8 Both F jump up, step, hold 2 count

#### **D : 32 count : 4 x 8**

##### **D1**

1 2 3 4 RF Step, LF Step, RF Step, RF Step (R hand put on L hand in front)  
5 6 7 8 LF Step, RF Step, LF Step, LF Step (R hand put on L hand in front)

##### **D2**

1 2 3 4 RF Step, LF Step, RF Step, RF Step (R hand up keep moving)  
5 6 7 8 LF Step, RF Step, LF Step, LF Step (R hand up keep moving)

##### **D3**

1 2 3 4 RF Step, LF Step, RF Step, RF Step (R hand put on L hand in front)  
5 6 7 8 LF Step, RF Step, LF Step, LF Step (R hand put on L hand in front)

##### **D4**

1 2 3 4 RF Step, LF Step, RF Step, RF Step (R hand up keep moving)

5 6 7 8 LF Step, no foot movement (R hand up keep moving)

**E : 32 count : 4 x 8**

**E1**

1& RF to side point with slightly up, LF point to RF  
2& RF to side point with slightly up, LF point to RF  
3& RF to side point with slightly up, LF point to RF  
4& RF to side point with slightly up, LF point to RF  
5 6 7 8 RF draw a half circle right side

**E2**

1 2 3 4 RF Step, LF Step, RF Step, RF Step (R hand put on L hand in front)  
5 6 7 8 LF Step, RF Step, LF Step, LF Step (R hand put on L hand in front)

**E3**

1 2 3 4 LF to Side (body down) (Both hand on L knee), body move with up and down  
5 6 7 8 R knee open to draw 2 circles from R

**E4**

1 2 3 4 R knee open, close, open, close  
5&6 7&8 Body up no foot move (R hand on R side, L hand on L side moving as close open close) ( R hand on R side, L hand in front, moving as close open close)

**Tag : 32 count : 4 x 8**

**#1**

1 2 3 4 Body Isolation to R side  
5 6 7 8 Body Isolation to L side

**#2**

1&2&3&4 Swivel RF, LF, RF, LF, RF, LF, RF, LF  
5 6 7 8 RF Hip Bump

**#3**

1 2 3 4 Body Isolation to R side  
5 6 7 8 Body Isolation to L side

**#4**

1&2&3&4 Swivel RF, LF, RF, LF, RF, LF, RF, LF  
5 6 7 8 RF Hip Bump

**D' : 32 count : 4 x 8**

**D'1**

1 2 3 4 RF Step, LF Step, RF Step, RF Step (R hand put on L hand in front)  
5 6 7 8 LF Step, RF Step, LF Step, LF Step (R hand put on L hand in front)

**D'2**

1 2 3 4 RF Step, LF Step, RF Step, RF Step (R hand up keep moving)  
5 6 7 8 LF Step, no foot movement (R hand up keep moving)

**D'3**

1 2 3 4 LF to Side (body down) (Both hand on L knee), body move with up and down  
5 6 7 8 R knee open to draw 2 circles from R

**D'4**

1 2 3 4 R knee open, close, open, close

5&6 7&8      Body up no foot move (R hand on R side, L hand on L side moving as close open close) ( R hand on R side, L hand in front, moving as close open close)

**Ending : 8 count : 1 x 8**

**\$1**

1 2              Hold  
3 4              RF Point to L (slightly up), R hand point to L  
5 6              RF Point to R, R hand point to R (Body to L side)  
7 8              No foot movement, R hand up on the face

**Note : There is a lot of moving hand action in this line dance.  
Please refer to the demo for cross reference.**

**Submitted by : Doris\_Dance@yahoo.com.hk**

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