

# Just A Man

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Don Pascual (FR) - December 2012  
音乐: I'm Just a Man - The Lennerockers



**Start on vocals (after the intro, 3 counts from the first drum-beat)**

**Section 1: Step R fwd, touch+clap, step L backward, touch+clap, (flick R+slap, touch) x2**

- 1-4            Step R forward (R diagonal), touch L beside R + clap, L step backward (L diagonal), touch R beside L + clap
- 5-6            Flick R to the R + slap R foot with R hand, touch R beside L
- 7-8            Flick R to the R + slap R foot with R hand, touch R beside L

**Section 2: Run R, run L, stomp R, stomp L, double knee-pop, double knee-pop**

- 1-4            Runs forward R & L, stomp R beside L, stomp L beside R
- 5-8            Double knee pop (push knees forward lifting heels, drop heels) x2

**Style: On counts 5 and 7, turn your knees outward while pushing them**

**Section 3: (Step R fwd, hook L + slap behind R, step L backward, hook R + slap) x 2**

- 1-4            Step R forward, hook L + slap behind R, step L backward, hook R across L + slap
- 5-8            Step R forward, hook L + slap behind R, step L backward, hook R across L + slap

**Section 4: Step R fwd, flick L with ¼ T to the R, touch L beside R, flick L with ¼ T to the R, stomp L fwd, stomp R beside L, swivel**

- 1-2            Step R forward (R diagonal), flick L behind (L diagonal) making a ¼ T to the R
- 3-4            Touch L beside R, flick L behind making a ¼ T to the R
- 5-6            Stomp L forward, stomp R beside L
- 7-8            Swivel both heels to the R, recover

**Have fun with this dance...**

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