A Reason



拍数: 32 墙数: 4 级数: Intermediate - smooth WCS

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音乐: Just Give Me a Reason - P!nk



Intro Counts: 16

Step 1 t/m 8 Right Rock Step Back, ½ Triple Turn Left, Left Rock Step Back, ½ Triple Turn Right

- 1 . RF rock back
- 2 . LF replace weight
- 3 . Turn ¼ Left on your LF and RF step to the Right
- & LF step next to RF
- 4 . Turn ¼ Left on your LF and RF step back
- 5 . LF rock back
- 6 . RF replace weight
- 7 . Turn ¼ Right on your RF and LF step to the Left
- & RF step next to LF
- 8 . Turn ¼ Right on your RF and LF step back

Step 9 t/m 16 Right Toe Touch Back, ½ Turn Right, Right Triple Step Forward, Left Step Forward With Hip Sway, Hip Sway Back, Hip Sway Forward, Chainé Turn Left

- 1 . R Toe point back
- 2 . ½ Turn Right (weight is on your LF, bend knee lightly)
- 3 . RF step forward
- & LF step behind RF
- 4 . RF step forward
- 5 . LF step forward and sway hips forward
- 6 . Sway hips back
- 7 . Sway hips forward (preparation step)
- & Turn ¼ Left and RF step next to LF (weight is on RF)
- 8 . Turn ¾ Left on RF and LF step forward

Step 17 t/m 24 Right Rock Step Forward, ½ Triple Turn Right, ½ Turn Right, ¼ Turn Right, Cross Triple Step

- 1 . RF rock forward
- 2 . LF replace weight
- Turn ¼ Right on your LF and RF step to the Right side
- & LF step next to RF
- 4 . Turn ¼ Right on your LF and RF step forward (preparation step)
- 5 . Make a ½ Turn Right on your RF and LF step back
- 6 . Make a ¼ turn Right on your LF and RF step to the Right side
- 7 . LF cross in front of RF
- & RF step behind LF
- 8 . LF cross in front of RF

Step 25 t/m 32 Side Rock Step Right, Right Sailor Step, Side Rock Step Left, Left Sailor Step

- 1 . RF Rock to the Right side (use hip sway)
- 2 . LF replace weight (use hip sway)
- 3 . RF cross behind LF (Ball)
- & LF step to the Left (Ball)
- 4 . RF step to the Right (Flat)
- 5 . LF Rock to the Left side (use hip sway)
- 6 . RF replace weight (use hip sway)

7 . LF cross behind RF (Ball)
& RF step to the Right side (Ball)
8 . LF step to the Left side (Flat)

This dance has one bridge and two Restarts.

Bridge will be danced after wall 3 and has 4 counts.

Restarts will be danced in wall 6 and 9 after count 8.

Bridge 1 t/m 4 Right Rock Step Back, Right Rock Step Forward

. RF rock back
 . LF replace weight
 . RF rock forward
 . LF replace weight

End of dance. Enjoy and smile.

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