

# In My Head

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Ann-Kristin Sandberg (NOR) - March 2013  
音乐: In My Head - Madcon : (iTunes)



Start dancing after 32 counts (16 sec)

## Rock step-Ankle steps-Rock step-Step-Touch

1-2            Rock right foot to right side, Recover onto left  
3&4           Step right foot behind left, Recover onto left, Step right foot back  
5-6           Step left foot back, Recover onto right  
7-8           Take a long step forward on left, Touch right toe next to left

## Step-1/2 turn-Step-1/2 turn-Step-1/4 turn-Cross-Touch-Touch

1-2            Step right foot forward, Make ½ turn left stepping left foot forward (6.00)  
3-4            Step right foot forward, Make ½ turn right stepping left foot back  
5-6            Make ¼ turn right stepping right to right side (3.00), Cross left in front of right  
7-8            Touch right toe to right side, Touch right toe next to left

## Kick-Step-Touch-Kick-Step-Touch-Step x 2-Rock step

1&2            Kick right foot forward, Step right next to left, Touch left toe to left side (3.00)  
3&4            Kick left foot forward, Step left next to right, Touch right toe to right side  
5-6            Step back on right, Step back on left  
7-8            Step right foot back, Recover onto left

## Step-1/4 turn-Step-Rock step-Step-Touch-Step-Touch

1-2            Step right forward, Make ¼ turn left stepping left to left side (12.00)  
3-4            Rock right foot forward, Recover onto left  
5-6            Step back on right, Touch left toe next to right  
7-8            Step forward on left, Touch right toe next to left

## Step-Hold-Step-Step-Touch-Step-Hold-Step-Step-Touch

1-2&           Step right foot forward, Hold, Step left next to right (12.00)  
3-4            Step right foot forward, Touch left next to right  
5-6&           Step left foot to left side, Hold, Step right next to left  
7-8            Step left foot to left side, Touch right next to left

## ¼ turn-1/2 turn-1/2 turn-Rock step-Rock step

1-2            ¼ turn right stepping right foot forward (3.00) ½ turn right stepping left foot back  
3-4            ½ turn right stepping right foot forward, Touch left next to right (3.00)  
5-6            Step forward on left, Recover onto right  
7-8            Step back on left, Recover onto right

## Shuffle-Rock step-1/4 turn-Chasse-Step-Touch

1&2            Step forward on left, Step right next to left, Step forward on left  
3-4            Step forward on right, Recover onto left  
5&6            Make ¼ turn right stepping right to right side (6.00) Step left next to right, Step right to right side  
7-8            Take a long step forward on left, Touch right next to left

## Dorothy steps x 2 –Jazz Box-Step

1-2&           Step right foot diagonal forward (1.30) Step left behind right, Step right foot forward  
3-4&           Step left foot diagonal forward (10.30) Step right behind left, Step left foot forward

5-6 Cross right foot in front of left, Step back on left  
7-8 Step right foot to right side, Step left foot forward.

**RESTARTS:-**

**After 32 counts on wall 1 facing 12.00**

**After 32 counts on wall 3 facing 12.00**

**After 32 counts on wall 8 facing 06.00**

**ENJOY & HAPPY DANCING.**

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