

Shiner Vision

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Gail Mullins (USA) & Pat Esper (USA) - March 2013
音乐: "My Super Goggles" by Moonshine Bandits



Dance Map: 32-32-32-32-32-32-32-32-32-32-Tag-32-32-32-32

Side Rock, Recover, Weave, Turn walk, Walk, Anchor Step

- 1 . Rock the right foot to the side.
- 2 . Recover onto the left foot.
- 3&4 . Step the right foot behind the left, Step the left foot to the side, Step the right foot across the left.
- 5 . Turn a quarter turn to the left and step forward on the left.
- 6 . Step forward on the right foot.
- 7&8 . Step the left foot behind the right, Step in place on the right foot, Step in place (slightly back) on the left foot.

Step, Heel, Step, Heel, Coaster step, Cross, Unwind

- 9 . Step the right foot to the side.
- 10 . Turning slightly to the left (10:30), touch the left heel forward.
- 11 . Step the left foot next to the right.
- 12 . Turning slightly to the right (2:30), touch the right heel forward.
- 13&14 . Step back on the right foot, Step the left foot next to the right, Step forward on the right foot.
- 15 . Step the left foot across the right.
- 16 . Turn (Unwind) a three quarter turn to the right. (Weight ends on the right foot.)

Out, Out, In, Back, Look back for it, Look forward, Look back for it, Look forward

- 17 . Step forward on the left at an angle (10:30).
- 18 . Step the right foot to the side. (So feet are shoulder width apart)
- 19 . Step back on the left. (Bring to center as you would stand normally)
- 20 . Step back on the right foot.
- 21 . Look back to the right as you squat slightly or push your butt back with your hands on your thighs.
- 22 . Look forward returning to a full standing position.
- 23 . Look back to the right as you squat slightly or push your butt back with your hands on your thighs.
- 24 . Look forward returning to a full standing position.

Model on a runway- Turn walk, Walk, Walk, Walk, Step, Hold, Turn half, Hold

- 25 . Turn a quarter turn to the left as you step forward on the right foot.
- 26 . Step forward on the left foot.
- 27 . Step forward on the right foot.
- 28 . Step forward on the left foot.
- 29 . Step forward on the right foot.
- 30 . Hold (Pose).
- 31 . Turn a half turn to the left transferring weight onto the left foot.
- 32 . Hold (Pose).

Tag (The Model)

At the end of the 10th wall there are 4 extra counts, the following is just a suggestion of what to do for the four counts.

You can make up your own model pose if you like.

- 1 . Placing your left hand on your left hip and right hand behind your head, bump your hips to the right.
- 2 . Hold.
- 3 . Placing your right hand on your right hip and place your left arm straight down, bump your hips left.
- 4 . Hold.

Contacts:-

Gail Mullins: glmullins@frontier.com

Pat Esper: ptesper@gmail.com - Facebook: at "The Redneck Revolution (of music and dance with Pat Esper)"
