

Mary Mary

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Improver
编舞者: Karl-Harry Winson (UK) - March 2013
音乐: Kiss Me Mary - Derek Ryan : (Album: Kiss me Mary - Single - iTunes.co.uk)



Intro: 16 Counts/9 Seconds (Start on Vocals)

Right Dorothy Step. Heel Switches. Left Dorothy Step. Heel Switches.

1,2& Step Right forward to Right diagonal. Lock Left behind Right. Step Right forward to Right diagonal.
3&4& Dig Left heel forward. Step Left next to Right. Dig Right heel forward. Step Right next to Left.
5,6& Step Left forward to Left diagonal. Lock Right behind Left. Step Left forward to Left diagonal.
7&8& Dig Right heel forward. Step Right beside Left. Dig Left heel forward. Step Left beside Right.

Forward Rock. Coaster Step. Forward Rock. Extended Back Lock-Step.

1 – 2 Rock forward on Right. Recover weight back on Left.
3&4 Step back on Right. Step Left beside Right. Step forward on Right.
5 – 6 Rock forward on Left. Recover weight back on Right.
7&8& Step back on Left. Lock Right foot across Left. Step back on Left. Lock Right foot across Left.

Note: You can replace the Coaster Step (Counts 3&4) with a triple full turn Right stepping: Right, Left, Right.

Coaster Step. Forward Shuffle. Forward Rock. Shuffle 1/4 turn.

1&2 Step back on Left. Step Right beside Left. Step forward on Left.
3&4 Step forward on Right. Close Left beside Right. Step forward on Right.
5 – 6 Rock forward on Left. Recover weight back on Right.
7&8 Make 1/4 turn Left stepping Left to Left side. Close Right beside Left. Step Left to Left side.
9.00

Cross-Back. Syncopated Weave Right. & Heel & Cross. & Heel & Together.

1 – 2 Cross Right over Left. Step back on Left.
&3&4 Step Right to Right side. Cross step Left over Right. Step Right to Right side. Cross Left behind Right.
&5 Step Right to Right side and slightly back. Dig Left heel forward to Left diagonal.
&6 Step Left beside Right. Cross step Right over Left.
&7 Step Left to Left side and slightly back. Dig Right heel forward to Right diagonal.
&8 Step Right in place. Step Left beside Right with weight.

Start Again!

8 Count Tag: End of Wall 3 (3.00)

Step Pivot 1/2 turn X2. Right Forward Mambo. Left Back Mambo.

1 – 4 Step Right forward. Pivot 1/2 turn Left. Step Right forward. Pivot 1/2 turn Left.
5&6 Rock Right forward. Recover weight on Left. Step back on Right.
7&8 Rock Left back. Recover weight forward on Right. Step Left forward.

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