

Fill In The Blank

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Rachael McEnaney (USA) - February 2013
音乐: Fill in the Blank - Greg Bates : (Album: Greg Bates EP - iTunes - 2:35)



Count In: 32 counts from start of track. Approx 126 bpm.

Notes: There is 1 restart on the 3rd wall. 3rd wall begins facing the back (6.00), do the first 16 counts then Restart also facing the back.

[1 - 8] R cross rock, R chasse, L cross rock, L shuffle with ¼ turn L

- 1 - 2 Cross rock right over left (1), recover weight onto left (2) 12.00
- 3 & 4 Step right to right side (3), step left next to right (&), step right to right side (4) 12.00
- 5 - 6 Cross rock left over right (5), recover weight onto right (6) 12.00
- 7 & 8 Step left to left side (7), step right next to left (&), make ¼ turn left stepping forward on left (8) 9.00

[9 - 16] Walk RL, R kick ball change, step R, ½ pivot L, step R, ¼ pivot L

- 1 - 2 Step forward on right (1), step forward on left (2) 9.00
- 3 & 4 Kick right foot forward (3), step in place on ball of right (&), step in place on left (4) 9.00
- 5 - 6 Step forward on right (5), pivot ½ turn left (6) 3.00
- 7 - 8 Step forward on right (7), pivot ¼ turn left (8) 12.00

RESTART Restart the dance here on 3rd wall – facing back to restart.

[17 - 24] R cross, L side, R back rock, ¼ turn L stepping back R, ½ L stepping forward L, walk RL

- 1 - 2 Cross right over left (1), step left to left side (2), 12.00
- 3 - 4 Rock back on right (3), recover weight onto left (4) 12.00
- 5 - 6 Make ¼ turn left stepping back on right (5), make ½ turn left stepping forward on left (6) 3.00
- 7 - 8 Step forward on right (7), step forward on left (8) 3.00

[25 - 32] R heel, R toe, R heel, L heel, step side R bumping hips R x2, bump hips L x2

- 1 - 2 Touch right heel forward (1), touch right toe next to left (2) 3.00
- 3 & 4 Touch right heel forward (3), step right next to left (&), touch left heel forward (4) 3.00
- & 5 - 6 Step left next to right (&), step right to right side bumping hips to right twice (5,6) 3.00
- 7 - 8 Transfer weight to left and bump hips left twice (7,8) 3.00

Please do not alter this step sheet in any way.

If you would like to use on your website please make sure it is in its original format.

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Contact: www.dancejam.co.uk - Rachaeldance@me.com - Tel: +1 (407-538-1533)