

# Gangnam Slide

拍数: 180      墙数: 1      级数: Phrased Beginner  
编舞者: Roly Ansano (USA) - February 2013  
音乐: Gangnam Slide by NamuKagemaruDragon



Seq: A B D E F G - B1 B2 C E F G - D T G

Intro: 32 counts after the word 'funky'

Note: Thanks to Psy and DJ Casper for the key steps and core music.

## Part A (32 ): HAND CLAPS

1-32              Clap hands 32x with the rhythm

## Part B (32): VINES, HOPS, STOMPS, ROCK-AND-BACK

1-4              Step R to side, cross L behind R, step R to side, touch L together  
5-8              Step L to side, cross R behind L, step L to side, touch R together  
9-12             Walk back R, L, R, hold  
13-16            Jump forward on both feet, hold  
17-20            Jump forward on both feet, hold  
21-24            Stomp R forward, step on R, hold  
25-28            Stomp L forward, step on L, hold  
29-32            Rock R forward, recover to L, step R back, hold

## Part B1 and Part B2 : VINES, HOPS, STOMPS, ROCK-AND-BACK

1-32              Same step pattern as Part B. Listen to the music for changes in the number of hops or stomps.

## Part C (32): SLIDES, CRISS-CROSS JUMPS, STOMPS

1-4              Big step L to side on two counts, slide R together, hold  
5-8              Big step R to side on two counts, slide L together, hold  
9-12             Jump and land on R crossed over L, unross jump on feet apart, hold  
13-16            Jump and land on R crossed over L, uncross jump on feet apart, hold  
17-20            Stomp R forward twice, step on R, hold  
21-24            Stomp L forward twice, step on L, hold  
25-32            Repeat 17-24

## Part D (32): SHRINK DOWN, STRETCH UP, HOP

1-16             Bend knees and gradually lower body to squat position  
17-28            Straighten up gradually to upright position  
29-32            Jump forward on both feet, hold

## Part E (20): TREADMILL RUNS, HAND CLAPS, FREEZE

1&-8&            Run in place stepping R-L, 8x  
9-16             Clap hands 8x with the rhythm  
17-20            Hold

## Part F (32): GALLOP, RODEO, GALLOP, RODEO

1-2              Rise on ball of L and hitch-step R, rise on ball of R and hitch-step L  
3-4              Rise on ball of L and hitch-step R twice  
5-6              Rise on ball of R and hitch-step L, rise on ball of L and hitch-step R  
7-8              Rise on ball of R and hitch-step L twice  
9-32             Repeat 1-8, three times

### Styling:

1-8 & 17-24     Hold hands forward across chest, right over left

9-16 & 25-32 Leave left hand in place, whirl imaginary lasso with right hand

**Part G (32): BOUNCE, GRIND, GALLOP, BOUNCE, GRIND, GALLOP**

1-4 Bounce knees slightly forward four times

5-8 Swing hips to left and roll them around twice

9-16 Repeat 1-8, Part F

17-32 Repeat 1-16

**Styling:**

1-4 Point left hand forward and sweep arm horizontally to left

17-20 Point right hand forward and sweep arm horizontally to right

**Part T (8-count TAG): Repeat 1-8, Part F**

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