

Beyond The Sea

拍数: 48 墙数: 4 级数: Low Intermediate - Foxtrot
编舞者: Karen Tripp (CAN) - February 2013
音乐: Beyond the Sea - Rod Stewart : (Album: The Complete Great American Songbook - 3:25)



Dedicated to "Magic Steps" in California.

Wait 16 beats, right lead (SQQ designates Slow Quick Quick timing)

[1-8] (LEFT DIAG) THREESTEP (SQQ), (RT DIAG) CROSS (S), HEEL ROCK 2 (QQ)

1-4 Turn diagonal left and walk 3 steps forward Right (S), Left, Right (QQ).
5-8 Turn diagonal right and cross left over right, hold, (keep knees bent in a slightly lowered position) rock back on right heel in place, rock fwd on left

[9-16] STEP BACK (S), BACK SWEEP 2X (SS), BACK, CLOSE (QQ) (start a Back Coaster Cross)

9-12 Step back on right squaring up to 12:00, hold, sweep left foot to behind right foot and step, hold
13-16 Sweep right foot to behind left foot and step, hold, step back on left, close right to left

[17-24] CROSS (S) (finish Back Coaster Cross), BACK, SIDE (QQ), FRONT WEAVE 4 (QQQQ)

17-20 Cross left over right, hold, step back on right, step side on left
21-24 Cross right over left, step side on left, cross right behind left, step side on left

[25-32] CROSS (S), BACK, SIDE (QQ), FRONT WEAVE 4 TURNING ¼ RIGHT (QQQQ)

25-28 Cross right over left, hold, step back on left, step side on right
29-32 Cross left over right, step side on right, cross left behind right, turn ¼ right and step right

[33-40] FOXTROT BOX (SQQ, SQQ)

33-36 Step forward left, hold, step side on right, close left to right
37-40 Step back on right, hold, step side on left, close right to left

[41-48] SIDE (S), CROSS ROCK, RECOVER, SIDE, CROSS (QQQQ), SWAY, SWAY (QQ)

41-44 Step side on left, hold, cross right over left, recover on left
45-48 Step side on right, cross left over right, hip sway right, hip sway left

Ending: Music fades when facing 12:00.

Contact:-

Karen Tripp, Cranbrook, BC, Canada

Email: karen@trippcentral.ca - Web: www.trippcentral.ca/dance