

Repeat After Me

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Christina May (UK) - February 2013
音乐: Army of Two - Olly Murs : (Album: Right Time Right Place.)



(Start 16 counts after heavy beat)

[1-8] R DOROTHY L DOROTHY, HEEL & HEEL, MAMBO ½ [6 o/c]

1,2& R forward, lock L behind R, step forward R
3,4& L forward, lock R behind L, step forward L
5&6& Touch R heel forward, recover, touch L heel forward, recover
7&8 Rock forward on R, recover, ½ turn right stepping forward on R

[9-16] L DOROTHY R DOROTHY, HEEL & HEEL, MAMBO ½ [12o/c]

1,2& L forward, lock R behind L, step forward L
3,4& R forward, lock L behind R, step forward R
5&6& Touch L heel forward, recover, touch R heel forward, recover
7&8 Rock forward on L, recover, ½ turn left stepping forward on L

[17-24] CROSS, SIDE, ¼ COASTER, FULL TURN, SHUFFLE [3o/c]

1,2 Cross R over L. Step L to left side
3&4 Turning ¼ to right step back on R, together L, forward on R
5,6 Turning ½ right step back on L, turning ½ right step forward on R
7&8 Forward left shuffle (LRL)

[25-32] SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, SAILOR ½ TURN [9o/c]

1,2 Rock R to right side, recover
3&4 Step R behind L, L to left side, cross R over L
5,6 Rock L to left side, recover
7&8 Make ½ turn left stepping back on L, together R, small step to left side on L

(RESTART – WALL 5 – FACING 3 o/c)

[33-40] CROSS SIDE, HEEL JACKS X2

1,2 Cross R over L, step L to left side
3&4& Step R slightly behind L, L to left side, present R heel, take weight on R
5,6 Cross L over R, step R to right side
7&8& Step L slightly behind R, R to right side, present L heel, take weight on L

(RESTART –WALL 2 – FACING 12 o/c)

[41-48] STEP ½ TURN LEFT, TRIPLE FULL TURN, CROSS ROCKS X2 [3o/c]

1,2 Step forward on R, pivot ½ turn left
3&4 Make ½ turn stepping back on R, ½ turn stepping forward on L, step forward R
5&6 Cross rock L over R, recover, step L to left side
7&8 Cross rock R over L, recover, step R to right side

[49-56] STEP ½ TURN RIGHT, SAMBA STEPS X2, STEP ½ TURN [3o/c]

1,2 Step forward on L, pivot ½ turn right
3&4 Cross L over, rock R slightly to right side, recover weight on L
5&6 Cross R over L, rock L slightly to left side, recover weight on R
7,8 Step forward on L, pivot ½ turn right

[57-64] WALK WALK, SIDE ROCK CROSS, WALK WALK, SIDE ROCK TOUCH

1,2 Walk L,R

3&4 Rock L to left side, recover, cross L over R
5,6 Walk R, L
7&8 Rock R to right side, recover, touch R next to L

Contact: kato129@hotmail.co.uk
