

# Buddy's Hank

拍数: 32                      墙数: 4                      级数: Beginner / Improver  
编舞者: Maureen Sheppard (UK) - February 2013  
音乐: Hankin' It Up - Buddy Eugene & Claudia : (CD: Without You.)



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## Right Side Strut, Back Rock. Left Side Strut, Back Rock.

1-2                      Touch Right Toe to Right side, Snap Right Heel down taking weight,  
3-4                      Rock back onto Left, forward onto Right,  
5-6                      Touch Left Toe to Left side, Snap Left Heel down taking weight,  
7-8                      Rock back onto Right, forward onto Left.

## Two Half Monterey Turns\*.

1-2                      Touch Right Toe out to Right side, make half turn over Right shoulder transferring weight to Right,  
3-4                      Touch Left Toe out to Left side, step Left in place.  
5-8                      Repeat steps 1 - 4

**\*Beginner option: Steps 1-4 Touch Right Toe out to Right side, Step Right in place, Touch Left Toe out to Left side, Step Left in place. Steps 5-8 Repeat steps 1-4.**

**\*Intermediate Options: Full Monterey Turn followed by Side touches.**

**Or: Two full Monterey turns followed by two staggering heel struts forward ... or in that general direction. ;-)**

**\*RESTART: Here on Wall 5.**

## Two Heel Struts Forward, Right Heel Hook Heel Touch.

1-2                      Touch Right Heel forward, snap Right Toe down taking weight,  
3-4                      Touch Left Heel forward, snap Left Toe down taking weight,  
5-6                      Touch Right heel forward, Hook Right leg across in front of Left shin,  
7-8                      Touch Right Heel forward, Touch Right Toe next to Left instep.

## Reverse Rhumba Box with 1/4 Turn Left.

1-2                      Step Right to Right side, Step Left in place next to Right,  
3-4                      Step Right back, Hold,  
5-6                      Step Left to Left side, Step Right in place next to Left,  
7-8                      Make a quarter turn to the Left and Step Left forward, Hold.

Repeat.

**\*Optional Ending - Replace the quarter turn with a half turn to the Left to finish facing the front wall, and pose.**

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