

# Morning Hug

拍数: 48      墙数: 2      级数: Improver - waltz  
编舞者: Bob Francis (UK) - February 2013  
音乐: Hug - Nathan Carter : (Album: Wagon Wheel)



## **S-1: Left Basic Waltz Forward, Right Basic Waltz Back**

1-3      Step forward on left, Step right next to left, Step left next to right,  
4-6      Step back on right, Step left next to right, Step right next to left.

## **S -2: Left Shuffle Quarter Turn Left, Right Shuffle Half Turn Left**

1-3      Step left to left side, Step right next to left, Step left quarter turn left,  
4-6      Step right quarter turn left, Step left quarter turn left, Step back on right (facing 9:00)

## **S-3: Back Left Coaster, Right Forward Crossing Twinkle**

1-3      Step back on left, Step right next to left, Step forward on left,  
4-6      Cross right over left, step left to left side, Step right next to left.

## **S-4: Left Forward Crossing Twinkle, Right Crossing Twinkle Quarter Turn Right**

1-3      Cross left over right, Step right to right side, Step left next to right.  
4-6      Cross right over left, Step left to left side making quarter turn right, Step right to right Side  
(facing 6:00).

## **S-5: Three Count Weave Right, Right Side Drag**

1-3      Cross left over right, Step right to right side, Cross left behind right,  
4-6      Step right to right side, Drag left up to Right (over two counts).

## **S-6: Left Side Drag, Right Shuffle Quarter Turn Right**

1-3      Step left to left side, Drag right up to left (over two counts),  
4-6      Step right to right side, Step left next to right, Step right quarter turn right (facing 3:00).

## **S-7: Left Basic Waltz Forward, Back Twinkle Quarter Right.**

1-3      Step forward on left, Step right next to left, Step back on left,  
4-6      Step back on right making quarter turn right, Step left next to right, Step forward on right  
(facing 12:00).

## **S-8: Step Kick Kick, Touch Back Unwind Half Turn Right**

1-3      Step forward on left, Kick right foot forward twice,  
4-6      Touch right toe back behind left, Unwind half turn Right (keeping weight on right) to face  
6:00.

**6 count tag: At the end of wall 4 (facing 12:00):**

## **Left Basic Waltz Forward, Right Basic Waltz Back**

1-3      Step forward on left, Step right next to left, Step left next to right,  
4-6      Step back on right, Step left next to right, Step right next to left.

**Restart: Wall 9 after 24 counts (facing 6:00)**

**Have Fun and Enjoy.**

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