

Got Me Goin'

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate - Slow Fox
编舞者: Roosamekto Mamek (INA) - February 2013
音乐: He's Got Me Goin' (feat. Madeline Peyroux) - Pinetop Perkins



Intro: 15 count

CROSS, HOLD, SIDE STEP, HOLD, BEHIND, RECOVER, SIDE STEP, DRAG

1-4 Cross R over L – Hold – Step L to side - Hold
5-8 Rock R behind L – Recover to L – Take a big step R to side – Drag L toward R

CROSS, HOLD, SIDE STEP, HOLD, BEHIND, RECOVER, SIDE STEP, DRAG

1-4 Cross L over R – Hold – Step R to side – Hold
5-8 Rock L behind R – Recover to R – Take a big step L to side – Drag R toward L

WALK FORWARD, DRAG, FORWARD, PIVOT TURN ½ LEFT

1-4 Step R forward – Drag L toward R – Step L forward – Drag R toward L
5-8 Step R forward – Turn ½ left – Step R forward – Turn ½ left

SIDE, CROSS, SIDE, HEEL

1-4 Step R to side – Cross L behind R – Step R to side – L heel diagonally forward
5-8 Step L to side – Cross R behind L – Step L to side – R heel diagonally forward

SYNCOPATED STEP – TOE, TOUCH, TURN ¼ LEFT

&1&2 Step R beside L – L toe forward – Step L beside R – R toe forward
&3-4 Step R beside L – L toe forward – Hold or Clap hands
&5&6 Step L beside R – R toe forward – Step R beside L – L toe forward
&7-8 Step L beside R – Touch R to side – Use both balls of feet turn ¼ left (weight on L)

DIAGONALLY STEP, TOUCH

1-4 Step R diagonally forward – Touch L beside R – Step L diagonally forward – Touch R beside L
5-8 Step R diagonally back – Touch L beside R – Step L diagonally back – Touch R beside L

SAILOR STEP

1-4 Step R to side – Step L behind R – Step R to side – Step L to side
5-8 Step R behind L – Step L to side – Step R to side – Step L together

BACK, TOUCH, TURN ½ RIGHT, TOGETHER, TOUCH

1-4 Step R back – Touch L to side – Step L back – Touch R to side
5-8 Touch R back – Turn ½ right – Step L together – Touch R to side

REPEAT

He's Got Me Goin' song could be found in Pinetop Perkins Album "Ladies Man" released in 2004

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