

Don't Rush

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Paula Frohn (USA) - December 2012
音乐: Don't Rush (feat. Vince Gill) - Kelly Clarkson



One Restart: on the 4th set, after 16 ct, you'll be facing facing 6 o'clock wall*

Side-Rock Back-Replace, Shuffle Forward, Rock Forward, Replace, Shuffle Back

1-3 Step LF side, rock back on RF, replace forward on LF
4&5 Step RF forward, lock LF behind RF, step RF forward
6-7 Rock LF forward, replace back on RF
8&1 Step LF back, step RF next to LF, step LF back

Turn ¼ Right, Swap R then L, Triple Side Right, Cross Rock, Triple Side Left

2-3 Turn ¼ right, sway side right then sway side left
4&5 Step RF side. Step LF next to RF, step RF side
6-7 Cross rock LF in front of RF, replace on RF
8 Step LF side
& Step RF next to LF (*on 4th set, after 16 ct, facing 6 o'clock, restart)
1 Step LF side

Cross Rock, Triple ¼ Right, Pivot ½ Right, Full Turn, Step LF Forward

2-3 Cross rock RF in front of LF, replace on LF
4&5 Step RF side, step LF next to RF, turn ¼ right & step RF forward
6-7 Step LF forward, pivot ½ right change weight to RF
8 Turn ½ right, step LF back
& Turn ½ right, step RF forward
1 Step LF forward

Variation to 8&1: Shuffle left forward

Rocking Chair Right, Step RF Forward, Pivot ¼ Left, Cross Step

2-3 Rock RF forward, replace weight onto LF
4-5 Rock RF back, replace weight onto LF
6-7 Step RF forward, pivot ¼ left change weight to LF
8 Cross RF in front of LF

Start Over!

Contact - Website: www.jusgottacountrydance.com - jusgotta@megahits.com