

Tiada lagi

拍数: 48 墙数: 4
编舞者: Tjwan Oei (NL) - February 2013
音乐: Tiada lagi by Rani Pancarani



Start the dance after: Tiada lagi

S01: Lunge (Rock 1/8 fwd.) – Rec. – Step bck. – Step fwd. – Sweep (Bck. to Fr.) 5/8 turn Ri. – Touch left

1-2-3 Lf. step 1/8 right fwd. – Recover weight on Rf. – Lf. step back [01.30]

4-5-6 Rf. step fwd. – Lf. sweep from back to front turning 5/8 to right – Lf. touch on left side [09.00]

S02: Cross over – Touch right – Hold – Sweep (Fr. to Bck.) ½ turn right – Together – Step on place

1-2-3 Lf. cross over Rf. – Rf. touch to right side – Hold

4-5-6 Rf. sweep from front to back with ½ turn right – Lf. step together – Rf. step on place beside Lf. [03.00]

S03: Basic waltz forwards – Basic back with ¼ turn left

1-2-3 Lf. step fwd. – Rf. step together – Lf. step on place beside Rf.

4-5-6 Rf. step ¼ turn left back – Lf. step together – Rf. step on place beside Lf. [12.00]

S04: Cross over – Side step – ½ Turn left – Check - Recover – Step together

1-2-3 Lf. cross over Rf. – Rf. step to right side – Lf. step ½ turn left [06.00]

4-5-6 Rf. step left fwd. – Recover weight on Lf. – Rf. step together beside Lf.

S05: Cross over – Side touch – Hold – Cross behind – Side touch – Hold

1-2-3 Lf. cross over Rf. – Rf. touch to right side – Hold

4-5-6 Rf. cross behind Lf. – Lf. touch to left side – Hold

S06: Step forwards – Brush – Kick forwards – Basic back with ¼ turn left

1-2-3 Lf. step forwards – Rf. brush forwards – Rf. kick forwards

4-5-6 Rf. step ¼ turn left back – Lf. step together – Rf. step on place beside Lf. [03.00]

S07: Rock fwd. – Recover – Step back – Step fwd. – Sweep (Bck to Fr.) with ½ turn right – Side touch

1-2-3 Lf. step forwards – Recover weight on Rf. – Lf. step back

4-5-6 Rf. step forwards – Lf. sweep from back to front with ½ turn right – Lf. touch to the left side [09.00.]

S08: Twinkle forwards – Twinkle with ½ turn right

1-2-3 Lf. cross over Rf. – Rf. step to right side – Lf. step together beside Rf.

4-5-6 Rf. step ¼ turn right – Lf. step ¼ turn right – Rf. step together beside Lf. [03.00]

Ending : Repeat section 07 & 08and turning left (full turn) slowly till the music end ...to 12.00 .

Happy dancing

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