

Biding My Time

COPPER KNOB
BY STEPHEN

拍数: 40 墙数: 2 级数: Improver
编舞者: Caroline Cooper (UK) - February 2013
音乐: Biding My Time - Mike Lane



SECTION 1:

RIGHT FORWARD ROCK, BACK ROCK, RIGHT SHUFFLE FORWARD

1&2 Rock forward on right, recover weight on left, rock back on right,
&3&4 Recover weight on left, shuffle forward on right. (RLR)

LEFT FORWARD ROCK, BACK ROCK, LEFT SHUFFLE FORWARD

5&6 Rock forward on left, recover weight on right, rock back on left,
&7&8 Recover weight on right, shuffle forward on left. (LRL)

SECTION 2:

RIGHT SIDE ROCK, CROSS, LEFT SIDE ROCK, CROSS

1&2 Right side rock, recover weight left, cross right over left,
3&4 Left side rock, recover weight right, cross left over right.

RIGHT SIDE TOGETHER, STEP BACK RIGHT, LEFT SIDE CLOSE, ¼ TURN LEFT

5&6 Step right to right side, close left to right, step back on right,
7&8 Step left to left side, close right to left, ¼ left stepping forward on left.

SECTION 3:

RIGHT CROSS, SIDE, BEHIND, POINT LEFT (WEAVE)

1,2,3,4 Cross right over left, step left to left side, cross right behind left, point left to left,

LEFT CROSS BEHIND, SIDE, CROSS INFRONT POINT RIGHT (BEHIND WEAVE)

5,6,7,8 Cross left behind right, step right to right side, cross left in front of right, point right to right side.

SECTION 4:

CROSS RIGHT POINT LEFT , CROSS LEFT POINT RIGHT,

1,2,3,4 Cross right over left, point left to left side, cross left over right, point right to right side,

CROSS RIGHT OVER LEFT , SIDE, TOGETHER, CROSS LEFT OVER RIGHT

5,6,7,8 Cross right over left, step left to left side, bring right up to left, cross left over right.

SECTION 5:

SIDE, CLOSE ¼ TURN RIGHT, STEP ½ TURN RIGHT, STEP

1&2 Step right to right side, close left to right, ¼ right stepping forward right,
3&4 Step forward on left, ½ turn over right shoulder, step forward on left,

TRIPLE FULL TURN OVER LEFT, LEFT LOCK FORWARD

5&6, 7&8 Triple full turn over left shoulder (RLR), step forward on left, lock right behind, step forward left.

Restart the dance on wall 3, facing 12 o'clock, after first 8 counts

Thank you to Ron Ryan for Lyrics, Mike Lane for the singing!

Happy dancing

Contact: coolcoopers@yahoo.com

