

# Be Careful With My Heart

**COPPER** **KNOB**  
BY STEPSHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Roly Ansano (USA) - February 2013  
音乐: Please Be Careful With My Heart - Jose Mari Chan & Regine Velasquez



Alternate music: Please Be Careful With My Heart by Tay Kewei f. Christian Bautista

Intro: Start on the word 'love'

## [1-8] NIGHTCLUB TWO-STEP BASIC, TURNING NIGHTCLUB TWO-STEP BASIC

1-2                      Step L to side, hold  
3-4                      Cross R behind L, recover to L  
5-6                      Step R to side, hold  
7-8                      Cross L behind R and turn 1/4 left, recover to R

## [9-16] SIDE STEP, TURN, HIP SWAYS, CROSS STEP

1-2                      Step L to side & turn 1/4 left, hold  
3-4                      Step R to side and sway right-left  
5-6                      Sway right-left and recover to L  
7-8                      Cross R over L, hold

## [17-24] SIDE STEP, TURN, HALF-TURN PIVOT, FORWARD-TOUCH, BACK-TOUCH

1-2                      Step L to side, hold  
3-4                      Turn 1/4 left and step R forward, pivot 1/2 left and recover to L  
5-6                      Step R forward, touch L behind R  
7-8                      Step L back, touch R together

## [25-32] SCISSOR STEP, LEFT COASTER STEP, STRIDE-DRAG

1-2                      Step R to side, step L together  
3-4                      Cross R over L, step L back  
5-6                      Step R together, step L forward  
7-8                      Big step R forward, drag and touch L together

**REPEAT**

**TAG:**

No TAG for the Tay Kewei track.

For the Jose Mari Chan track, at the end of wall 3, facing 3.00, add

**BACK STEPS, TURN-TOUCH, SIDE STEPS, TOUCH**

1-4                      Step back L,R,L , turn 1/4 left and touch R together  
5-8                      Step R to side, step L together, step R to side, touch L together

**ENDING: For the Jose Mari Chan track, at the end of wall 10, facing 3:00, add**

1-2                      Step L back and turn 1/4 left, touch R to side and pose with hands over heart

Contact: [rolando.ansano@gmail.com](mailto:rolando.ansano@gmail.com)