Good Lovin'



拍数: 64 编数: 2 级数: Improver / Easy Intermediate

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音乐: Little Bit of Lovin - Jason McCoy: (Album: Everything)



Intro: 16 counts

[1-8] WALKS FWD, SYNCOPATED SPLIT, STEP 1/4 TURN LEFT TWICE

1-2 Walks fwd Right – left

&3&4 Jump OUT OUT (right to right, left to left), Recover to center (right & left)

5-6 Right step fwd, ¼ turn left (weight on left)

7-8 Right step fwd, ¼ turn left (weight on left) 6:00

[9-16] WALKS FWD, SYNCOPATED SPLIT, STEP 1/4 TURN LEFT TWICE

Same steps as 1-8 12:00

[17-24] VINE WITH THIGH SLAP & CLAP, TOUCH & SNAP (RIGHT & LEFT)

1 Right step to the right with hands brush down on thighs 2 Left cross behind right with hands brush up on thighs

3-4 Right step to the right + Clap, Touch left next to right with Snap fingers up * RESTARTS

Left step to the left with hands brush down on thighs
Right cross behind left with hands brush up on thighs

7-8 Left step to the left + Clap, Touch right next to left with Snap fingers up

[25-32] ROCKING CHAIR, STEP 1/2 TURN, STOMP, STOMP

1-4 Rock step right fwd, recover on left, Rock step right back, recover on left

5-6 Right step fwd, ½ turn left 6:00

7-8 Stomp right next to left, Stomp left next to right

[33-40] ROCK STEP FWD, COASTER STEP (RIGHT & LEFT)

1-2 Rock step right fwd, recover on left

Right step back on ball, left step next to right on ball, right step fwd

5-6 Rock step left fwd, recover on right

7&8 left step back on ball, right step next to left on ball, left step fwd

[41-48] STOMP FWD, BOUNCE, HEEL TWIST

1-4 Stomp right fwd, Bounce x 3 right Heel in place

5-8 Swivel both heels to the right, recover both heels to the center X 2

[49-56] SIDE SHUFFLE, BACK ROCK (RIGHT & LEFT)

1&2 Shuffle R – L - R to the right

3-4 Rock step left back, recover on right

5&6 Shuffle L - R - L to the left

7-8 Rock step right back, recover on left

[57-64] CHARLESTON STEPS + CLAPS

1-2 Right step fwd, Kick left fwd + Clap

3-4 Left step back, Touch right toe back + Clap

5-6 Right step fwd, Kick left fwd + Clap

7-8 Left step back, Touch right toe back + Clap

RESTARTS: On walls 3 and 6 (12:00) after 20 counts

FINAL : On count 64 on last wall, ½ turn right on left foot with right Kick fwd to finish facing front.

Enjoy!

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