

She's A Troublemaker

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Amy Glass (USA) - January 2013
音乐: Troublemaker (feat. Flo Rida) - Olly Murs : (iTunes)



Intro: 12 counts after the first down beat

Sequence: 32, Tag, 32, 32, Tag, 32, 32, 32, Tag, 32, 32

[1-7] Walk R, L, Hitch R, Step Side R, Hip Rolls L, R, L

1,2 Walk forward R, L
3& Hitch R knee, swinging it up & slightly to the R
4 Step R foot down slightly apart from L
5,6,7 Hip rolls L, R, L

[8-16] Weave L, Step Side L, Touch R, ¼ R, ½ Chase Turn, 1¼ Turn L

8&1 Step R behind L, L side, cross R over L
2 Step side L
3 Touch R next to L
4 Step forward R turning ¼ R (3:00)
5&6 Step forward L, Step together R turning ½ R, step forward L (9:00)
7&8& Step forward R, ½ L weighting L (3:00), Step forward R, ¾ L weighting L (6:00)

[17-24] (¼ Turn L) Press R, Behind and Forward, Rock Forward L, Walk Back R, L, R, & Step Together L

1,2 Press side R while turning ¼ L squaring up to the 3:00 wall, recover L
3&4 Step R behind L, side L, step slightly forward R
5 Rock forward L
6,7 Step back R, L
8& Step back R, together L

[25-32] Kick R & Point L, & Point R, & Point L Diagonal & Point R Diagonal with Chest Pop Isolation, Full Turn R

1&2 Kick R forward, step R beside L, point L side L
&3 Step together L, point side R
&4 Step together R, point L to L diagonal
& Step together L
5 Point R to R diagonal while raising R arm
(bent at the elbow, parallel to the floor with hand open and palm facing but not touching the chest)
6 Pop chest and arm together and back slightly (bring shoulders forward NOT up)
7 Return chest and shoulders to center
8 Hook R foot behind L and full turn R ending weighted L

Tag Following Walls 1, 3 and 6

[1-8] Press R Forward, Slide R Foot Back, Press L Forward, Slide L Foot Back, Step Out R,L, Heels In, Out, Kick Sweep Hitch L

1,2 Press R slightly forward (with locked knee), slide R foot back next to L and pop L knee slightly
3,4 Press L slightly forward (with locked knee), slide L foot back next to R and pop R knee slightly
&5 Step out R,L leaving feet shoulder width apart
6 Swivel on toes bringing heels toward each other
7 Swivel on heels bringing toes toward each other (facing directly forward)
&8& Kick L forward, keeping it slightly above the ground, turn ¼ R, hitch L knee (keep this movement fluid) (6:00)

**[9-16] Cross L over R, Step Slightly Back R, Side L, Heel Pops R & L, Step Forward R, Swivel Heels R,L,
Back L, R Back Coaster**

1,2& Cross L over R, step slightly back R, step side L
3&4& Pop R heel out to R side, pop L heel out to L side
5&6 Step R foot in front of L with R heel nearly touching L toes, swivel heels R,L
7 Step back L
8&1 Step back R, together L, forward R (count 1)

Options/Notes:

To eliminate the 1½ turn L: Step forward R, turn ½ L, weighting L, rock forward R

To eliminate full turn at count 32, hold

Lyrics "HeartATack"

happen on each wall without the Tag. Only insert the arm with the chest pop on these walls

Contact: amyleeanne@gmail.com
