

My Little Black Book

拍数: 64 墙数: 4 级数: Beginner
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音乐: Little Black Book - Jimmy Dean : (CD: Big Bad John)



16 count intro

Section 1: Kick Ball change (R), Toe strut (R). Repeat with Left

1 & 2 Right Kick Ball change
3- 4 Right toe strut forward, drop heel
5 & 6 Left Kick Ball change
7 - 8 Left toe strut forward, drop heel

Section 2: 4 Toe struts

1 - 2 Step Right toe diag.forward turning 1/8 right, drop heel
3 - 4 Step Left toe diag.forward turning 1/8 left, drop heel
5 - 6 Step Right toe diag.forward turning 1/8 right, drop heel
7 - 8 Step Left toe diag. forward turning 1/8 left, drop heel

Section 3: Side (R)behind, side, cross, side, together, back, hold

1 - 2 Step Right to right side, cross Left behind Right
3 - 4 Step Right to right side, cross Left over Right
5 - 6 Step Right to right side, close Left to Right
7 - 8 Step Right back, hold

Section 4: Side (L)behind, side, cross, side, together, back, hold

1 - 2 Step Left to left side, cross Right behind Left
3 - 4 Step Left to left side, cross Right over Left
5 - 6 Step Left to left side, close Right to Left
7 - 8 Step Left back, hold

Section 5: Rock Right forward, back, back, hold. Rock Left back, forward, forward, hold

1 - 2 Rock Right forward , rock Left back
3 - 4 Rock Right back, hold
5 - 6 Rock Left back, rock Right forward
7 - 8 Rock Left forward, hold

Section 6: Right Forward, touch with clap Repeat to Left. Back, touch with clap. Repeat with Left

1 - 2 Step Right diag. forward, touch Left to Right with clap
3 - 4 Step Left diag. forward, touch Right to Left with clap
5 - 6 Step Right diag. back, touch Left to Right with clap
7 - 8 Step Left diag. back, touch Right to Left with clap

Section 7: Charleston steps with holds

1 - 2 Swing right forward, hold
3 - 4 Step Right beside left, hold
5 - 6 Touch Left toe back, hold.
7 - 8 Step left beside Right, hold

Section 8: Charleston step turning ¼ right, hold. Charleston step, hold

1 - 2 Swing right forward, hold
3 - 4 Step Right beside left making ¼ turn right, hold

5 – 6 Touch Left toe back, hold
7 – 8 Step left beside Right, hold

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