

Until It Beats

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Cheryl Parker (AUS), Gary Parker (AUS), Linda Wolfe (AUS) & Robyn Groot (AUS) - January 2013
音乐: Until It Beats No More - Jennifer Lopez : (CD: Love?)



8 Count intro. Start on vocals

Forward Rock. Back Rock. Together. Step. Step Pivot 1/2 Turn Left. Step. Together.

1 – 2 Rock forward on Right. Recover weight on Left.
3&4 Rock back on Right. Recover weight on Left. Step Right beside Left.
5 – 6 Step forward on Left. Step forward on Right.
7&8 Pivot 1/2 turn Left. Step forward on Right. Step Left beside Right. (Facing 6 o'clock)
**** (Restart here facing 6 o'clock on Wall 5)

Cross Rock. Side. Cross Rock. Side. Step Pivot 1/2 Turn Left. 1/2 Turning Shuffle Left.

1 – 2 Cross rock Right over Left. Recover weight on Left.
3&4 Step Right to Right side. Cross rock Left over Right. Recover weight on Right.
5 – 6 Step Left to Left side. Step forward on Right.
7 Pivot 1/2 turn Left.
8&1 1/2 Turn shuffle Left stepping Right. Left. Right. (Facing 6 o'clock)

1/4 Turn Left. Cross. One & A Quarter Triple Turn Right. Back Rock. Side Rock.

2 Make 1/4 turn Left stepping Left to Left side (Facing 3 o'clock)
3 Cross step Right over Left.
4&5 Make a one & a quarter triple turn Right on the spot stepping Left. Right. Left. (Facing 6 o'clock)
6 – 7 Rock back on Right. Rock forward on Left.
8& Rock Right to Right side. Recover weight on Left.

Alternative steps for 4&5 Left shuffle making 1/2 turn Right stepping Left. Right. Left

Cross. Side Rock. Behind Side Cross. Side Rock. 1/4 Turn Right Recover. 1/2 Turn Right. Together.

123 Cross Right over Left. Rock Left to Left side. Recover weight on Right.
4&5 Cross Left behind Right. Step Right to Right side. Cross Left over Right.
6 – 7 Rock Right to Right side. Recover weight on Left making a 1/4 turn Right. (Facing 9 o'clock)
8& Make 1/2 turn Right stepping forward on Right. Step Left beside Right. (Facing 3 o'clock)

Start Again

To keep within the phrasing of the music the following restart and tag are required:

****On Wall 5, restart after the first 8 counts facing 6 o'clock. The next sequence becomes Wall 6.

#####At the end of Wall 9, facing 9 o'clock, add the following tag

Step Pivot 1/2 Turn Left. Step Pivot 1/2 Turn Left.

1 – 2 Step forward on Right. Pivot 1/2 turn Left.
3 – 4 Step forward on Right. Pivot 1/2 turn Left.

Ending: On Wall 12, dance the first 8 counts and finish with a Step forward on Left & Pivot 1/4 turn Right to face the front.

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