

# Hippy Hippy Shake

拍数: 48                      墙数: 4                      级数: Beginner  
编舞者: Pat Stott (UK) - January 2013  
音乐: Hippy Hippy Shake - The Swinging Blue Jeans



Commence on word "sake" 2 seconds

**Twist to the left, hold and clap, twist to the right, hold and clap**

1-4                      Twist to left - heels, toes, heels, hold and clap  
5-8                      Twist to right - heels, toes, heels, hold and clap

**2 hip bumps left, 2 hip bumps right, 4 hip bumps - left, right, left, right**

1-4                      Stepping left to left - 2 hips bumps left, 2 hip bumps right  
5-8                      4 single hip bumps - left, right, left, right

**Step forward, point, step forward, point, step forward, point, touch right next to left, point**

1-4                      Step forward on left, point right to right, step forward on right, point left to left  
5-6                      Step forward on left, point right to right  
7-8                      Tap right toe next to left (optional knee turned in), point right to right

**Jazz box with 1/4 turn right, weave right**

1-4                      Cross right over left, step back on left, 1/4 turn right step right to right, cross Left over right  
5-8                      Step right to right, cross left behind right, step right to right, cross left over right

**(Restart here during wall 1 but replace cross on step 8 with close left to right)**

**Side, tap, side, tap, out, out, bounce heels x2**

1-2                      Step right to right, tap left next to right and swing arms to right  
3-4                      Step left to left, tap right next to left and swing arms to left  
5-6                      Step right to right, step left to left  
7-8                      Raise and lower both heels twice

**2 hip bumps right, 2 hip bumps left, jump forward, hold & clap, jump back, hold & clap**

1-4                      2 hip bumps right, 2 hip bumps left  
&5, 6                      Jump right forward and out to right, step left out to left, hold & clap  
&7,8                      Jump back on right, close left to right, hold & clap

**Restart: after section 4 (32 counts) - replace cross left over right with close left to right on step 8 then restart from the beginning.**

**Choreographers note:**

**When they sing "shake it to the left, shake it to the right" - Replace the single clap with a double clap.**

**For an alternative change the 4 hip bumps in section 2 with twists down and up or use your imagination! Pose at the end of the music with right knee turned in.**

**Taught at the Crystal Boot Awards 2013.**

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