

My Dancing Boots

COPPER **NOB**
BY STEPSHEETS

拍数: 36 墙数: 4 级数: Easy Improver
编舞者: Marie Sørensen (TUR) & Adrian Helliker (FR) - February 2013
音乐: If It Works for You - Marion Randell : (Album: Tell My Heart)



Intro: 20 Counts

SIDE, BEHIND, CHASSE, CROSS ROCK, RECOVER, SHUFFLE ¼ TURN LEFT

1-2 Step right to right side, cross left behind right
3&4 Step right to right side, step left beside right, step right to right side
5-6 cross rock left over right, recover
7&8 ¼ turn left, step fwd. left, step right beside left, step fwd. left (09:00)

KICK BALL STEP, TWICE, ROCK, RECOVER, TRIPLE ¾ TURN RIGHT

1&2 Kick right fwd. step right in place, step fwd. left
3&4 Kick right fwd. step right in place, step fwd. left
5-6 Rock fwd. right, recover
7&8 ½ turn right, step fwd. right, step left beside right, ¼ turn right, step right to right side (06:00)

CROSS ROCK, SHUFFLE ¼ TURN, STEP, HOLD, SHUFFLE

1-2 Cross rock left over right, recover
3&4 ¼ turn left, step fwd, left, step right beside left, step fwd. left (03:00)
5-6 Step right forward, hold
7&8 Step fwd, left, step right beside left, step fwd. left (03:00)

TAG: During wall 5 - Add 4 counts tag at this point, and start from the beginning !

SWAY 4 TIMES, right, left, right, left

HEEL X2, COASTER STEP , SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1-2 Tap right heel forward twice
3&4 Step back on right, step left next to right, step right forward
5-6 Rock left to side, recover
7&8 Cross left behind right, step right to side, cross left over right (03:00)

SWAY 4 TIMES

1-2 Step right to right and sway right, left
3-4 Step right to right and sway right, left

RESTART: During wall 5, after 28 Counts – Facing 03:00 – Dance up to 24 Counts, and add 4 sways – Start from the beginning !

NOTE: Thanks to Marion Randell – Germany - Because you gave us permission to use and share your lovely song – Please send us an e.mail.

Have Fun!

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