

# Feel This Moment

COPPERKNOB  
STEPSHEETS

拍数: 80      墙数: 2      级数: Phrased Intermediate  
编舞者: Penny Tan (MY) & Candy Lock (MY) - January 2013  
音乐: Feel This Moment (feat. Christina Aguilera) - Pitbull



Intro: 32 Counts - Sequence: AA BB CC AA B CC AA BB

## Part A (16 Counts)

[1 – 8] **Back rock recover, side , back rock recover, side, mambo step**

1&2            Step back on R , rock recover on L , step R to R side  
3&4            Step back on L , rock recover on R , step L to L side  
5&6            Step R fwd, recover on L, step R beside L  
7&8            Step L fwd, recover on R, step L beside R

[9 -16] **Side rock cross , side rock cross, side touch, side touch**

1&2            Step R to R side, recover on L , cross R over L  
3&4            Step L to L side, recover on R , cross L over R  
5-6            Step R to R side, touch L beside R  
7-8            Step L to L side , touch R beside L

## Part B (32 Counts)

[1 – 8] **¼ turn step back, 1/2 turn ,fwd, pivot ¼ turn, fwd, sit back, up , flick**

1-2-3-4        Make a ¼ turn to L and step back on R(1), 1/2 turn L and step fwd on L(2) step fwd on R(3),  
pivot ¼ turn L(4)(12.00)  
5-6-7-8        Step R fwd(5) , sit back on L(6), stand up on R(7), flick L to back(8)

[9 -16] **¼ turn step back ,1/2 turn, fwd, pivot ¼ turn, fwd , sit back, up , flick**

1-2-3-4        Make a ¼ turn to R and step back on L, 1/2 turn R and step fwd on R, step fwd on L, pivot ¼  
turn R(12.00)  
5-6-7-8        Step L fwd, sit back on R, stand up L, flick R to back

[17-24] **Fwd,¼ turn L , cross shuffle, side rock, cross shuffle,**

1 - 2            Step fwd on R, make a ¼ turn to L (9.00)  
3&4            Cross R over L , step L to L side, cross R over L  
5 - 6            Step L on L side , recover onto R  
7&8            Cross L over R, step R to R side, cross L over R

[25-32] **Cross , side, back, sweep, back, side, cross, hold**

1-2-3-4        Cross R over L, step L to L side , step R behind L, sweeping L to back  
5-6-7-8        Step L behind R , step R to R side, Cross L over R , hold

## Part C (32 Counts)

[1 - 8] **R side, shoulder pop , together, L side, shoulder pop , together**

1-2-3-4        Step R to R side, shoulder pop R, L, step R beside L  
5-6-7-8        Step L to L side, shoulder pop L, R, step L beside R

[9 -16] **Fwd touch, back touch, 1/4 turn R step, lock step, fwd 1/4 turn R, recover, cross**

1 - 2            R fwd touch, R back touch  
3 - 4            1/4 turn to R step, L lock behind R(9.00)  
5 - 6            Step L fwd 1/4 turn to R, recover on R (12.00)  
7 - 8            Cross L over R

[17-24] **Paddle 1/4 turn L, hip down, hip up ( repeat twice)**

- 1 - 2 Step R fwd, ¼ turn L(9.00)
- 3 - 4 Hip down with bend two knees, hip up with body roll up
- 5 - 6 Step R fwd, ¼ turn L (6.00)
- 7 - 8 Hip down with bend two knees, hip up with body roll up

**[25-32] Side, touch, side, touch, fwd pivot 1/2 turn L ( X2)**

- 1 - 2 Step R to R side, touch L beside R
- 3 - 4 Step L to L side , touch R beside L
- 5 - 6 Step fwd on R, pivot 1/2 turn To L(12.00)
- 7 - 8 Step fwd on R, pivot 1/2 turn To L(6.00)

**Note: Second part "C" dance until 28 counts.. the last 4 counts change to "Step out to R(1-2), out to L(3-4)" (12.00)**

**\*\*\*\* : The third set of "AA" dance facing 3.00 !( will change your 2 walls )**

**Have fun!**

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