

Kimbra's Somebody

拍数: 96 墙数: 4 级数: Intermediate
编舞者: Christine Stewart (NZ) - January 2013
音乐: Somebody That I Used to Know (feat. Kimbra) - Gotye : (Album: Making Mirrors - 4:05)



Intro: 40 counts. Begin with weight on Left and Right touched beside Left

STEP LOCK, OUT, OUT, STEP LOCK, OUT, OUT,

- 1-2 Step Right forward, step/cross Left behind Right transferring weight onto Left
- 3-4 Step Right diagonally forward, step Left diagonally forward (feet should be about a shoulder width apart with weight on Left)
- 5-6 Step Right forward, step/cross Left behind Right transferring weight onto Left
- 7-8 Step Right diagonally forward, step Left diagonally forward (feet should be about a shoulder width apart with weight on Left)

BACK DIP, KICK, BACK DIP, KICK, BACK-LOCK-BACK, ¼ LEFT

- 1-2 Step Right back (with Right knee slightly bent), kick Left forward (straightening Right knee as you do so)
- 3-4 Step Left back (with Left knee slightly bent), kick Right forward (straightening Left knee as you do so)
- 5-6-7 Step Right back, cross Left over in front of Right, step Right back
- 8 Turn ¼ left and step Left to left side (9:00)

SIDE, HOLD, TOGETHER, SIDE, TOUCH, 1 ¼ TURN LEFT, SCUFF

- 1-2& Step Right sideways right, hold, step onto Left beside Right (&)
- 3-4 Step Right sideways right, touch left beside Right
- 5-7 Turn ¼ left and step Left forward, turn ½ left and step Right back, turn ½ left and step Left forward (6:00)

Easier option for counts 5-7: step Left sideways left, cross Right behind Left, turn ¼ left and step Left forward

- 8 Scuff ball of Right forward

RIGHT TOE STRUT, LEFT TOE STRUT, STEP BACK, ¼ TURN LEFT, CROSS SHUFFLE

- 1-2 Step Right forward on ball of foot, lower Right heel to the floor
- 3-4 Step Left forward on ball of foot, lower Left heel to the floor
- 5-6 Step Right back, turn ¼ left and step Left sideways left (3:00)
- 7&8 Cross Right over in front of Left, step Left sideways left, cross Right over in front of Left

SIDE SHUFFLE, ½ HINGE SIDE SHUFFLE, CROSS WALK, CROSS WALK, CROSS ROCK, RECOVER BACK

- 1&2 Step Left sideways left, step onto Right beside Left, step Left sideways left
- 3&4 Turn ½ right on ball of Left and step Right sideways right, step onto Left beside Right, step Right sideways right (9:00) (this is really more of a triple step as there's not much time to travel sideways)
- 5-6 Step Left forward and slightly crossed over in front of Right, step Right forward and slightly crossed over in front of Left (try to make these steps a bit "sassy" by swivelling on balls of feet as you step forward)
- 7-8 Cross/rock Left over in front of Right, recover/rock back onto Right

TOE STRUT ½ LEFT, TOE STRUT ½ LEFT, TOE STRUT ½ LEFT, SIDE ROCK, RECOVER

- 1-2 Turn ½ left and step Left forward on ball of foot, lower Left heel to the floor
- 3-4 Turn ½ left and step Right back on ball of foot, lower Right heel to the floor
- 5-6 Turn ½ left and step Left forward on ball of foot, lower Left heel to the floor (3:00)

Easier option for counts 3-6: step Right forward on ball of foot, lower Right heel to the floor, step Left forward on ball of foot, lower Left heel to the floor

7-8 Step Right sideways right, recover sideways onto Left

SHUFFLE BACK, SHUFFLE BACK, ROCK BACK, RECOVER FORWARD, FULL TURN FORWARD (turning to the left)

1&2 Step Right back, step onto Left beside Right, step Right back

3&4 Step Left back, step onto Right beside Left, step Left back

5-6 Step/Rock Right back, recover/rock forward onto Left

7-8 Turn ½ left and Right back, turn ½ left and step Left forward (3:00) (make sure that weight is firmly on Left ready for count 1 below.

Easier option for counts 7-8: walk forward Right then Left)

POINT RIGHT, CROSS BEHIND, POINT LEFT, FLICK BEHIND ¼ TURN RIGHT, SIDE SHUFFLE, ROCK BACK, RECOVER FORWARD

1-2 Point/touch Right sideways right (weight remains on Left), cross Right behind Left (weight is now on Right)

3-4 Point/touch Left sideways left (weight remains on Right), turn ¼ right on ball of Right while flicking/hooking Left behind Right knee (6:00)

5&6 Step Left sideways left, step onto Right beside Left, step Left sideways left

7-8 Step/rock Right back, recover/rock forward onto Left

CROSS WALK, CROSS WALK, CROSS SAMBA, CROSS ROCK, RECOVER BACK, ¾ TURN LEFT

1-2 Step Right forward and slightly crossed over in front of Left, step Left forward and slightly crossed over in front of Right (try to make these steps a bit "sassy" by swivelling on balls of feet as you step forward)

3&4 Cross Right over in front of Left, step Left sideways left, step Right sideways right

5-6 Cross/rock Left over in front of Right, recover/rock back onto Right

7-8 Turn ½ left and step Left forward, turn ¼ left and step Right sideways right (9:00)

CROSS, HOLD, SIDE, CROSS, SIDE, LEFT SAILOR STEP, BEHIND, ¼ TURN LEFT

1-2& Cross Left over in front of Right, hold, step Right sideways right(&)

3-4 Cross Left over in front of Right, step Right sideways right

5&6 Cross Left behind right, step Right slightly sideways right, step onto Left beside Right

7-8 Cross Right behind Left, turn ¼ left and step Left forward (6:00)

STEP, ¼ TURN LEFT, CROSS SHUFFLE, ¾ TURN RIGHT, STEP, ½ TURN RIGHT

1-2 Step Right forward, turn ¼ left on balls of both feet transferring weight onto Left (3:00)

3&4 Cross Right over in front of Left, step Left sideways left, cross Right over in front of Left

5-6 Turn ¼ right and step Left back, turn ½ right and step Right forward (12:00)

7-8 Step Left forward, turn ½ right on balls of both feet transferring weight onto Right (6:00)

CROSS POINT, CROSS POINT, SHUFFLE FORWARD, STEP, ¾ TURN LEFT

1-2 Cross Left over in front of Right, point/touch Right sideways right

3-4 Cross Right over in front of Left, point/touch Left sideways left

5&6 Step Left forward, step onto Right beside Left, step Left forward

7-8 Step Right forward, turn ¾ left on balls of both feet transferring weight onto Left (9:00).

Ending: At the end of wall 5 you will be facing 9:00. To finish facing the front add another ¾ turn left as follows:

¼ LEFT, ½ LEFT

Turn ¼ left and step Right back, turn ½ left and step Left forward, touch Right beside left

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