

Can You Stand It...

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Sandy Kerrigan (AUS) - January 2013
音乐: Can You Stand It - Johnnie Johnson : (Album: Johnnie B. Bad - iTunes)



Weave to R Side, Side Shuffle with Turn $\frac{1}{4}$, Back Rock Step

1 2 3 4 Step R to R Side, Cross L Behind R, Step R to R Side, Cross L over R
5 & 6 7 8 Turning $\frac{1}{4}$ L-Step R to R side, Step L next to R, Step R to R, Rock Back L, Rock Fwd R

Weave to L Side, Side Shuffle with Turn $\frac{1}{4}$, Back Rock Step

1 2 3 4 Step L to L Side, Cross R Behind L, Step L to L Side, Cross R over L 9:00
5 & 6 7 8 Turning $\frac{1}{4}$ R-Step L to L Side, Step R next to L, Step L to L, Rock Back R, Rock Fwd L 12:00
(Shuffle Note: Turn $\frac{1}{4}$ on the first Step of Side Shuffle)

Reggae Turn $\frac{1}{4}$ R, (toe points) Point Turn $\frac{1}{4}$, Step, Point Turn $\frac{1}{4}$, Step

1 2 3 4 Cross R over L, Step Back on L, $\frac{1}{4}$ R-Step Fwd R, Step Fwd on L 3:00
5 6 Turning $\frac{1}{4}$ R-Point to R Fwd, Step on R in place 6:00
7 8 Turning $\frac{1}{4}$ L-Point to L Fwd, Step on L in place 3:00 (this is not a Monterey turn)

$\frac{1}{2}$ Pivot Turn L, Reggae, Heel, Together, Heel

1 2 3 4 Step Fwd R, $\frac{1}{2}$ Pivot Turn L-wt on L, Cross R over L, Step Back on L
5 6 7 8 Step R to R Side, Place L Heel Fwd, Step L next to R, Place R Heel Fwd 9:00

Back Rock Step, Tap, Step, Tap, Step, Tap, Step $\frac{1}{4}$ Side

1 2 3 4 Rock Back on R, Rep Fwd to L, Tap R Toe next to L-R Knee turned in, Step slightly Fwd on R
5 6 Tap L Toe next to R-L Knee turned in, Step slightly Fwd on L 9:00
7 8 Tap R Toe next to L-R Knee turned in, Turn $\frac{1}{4}$ L to 6:00 Step R to R Side

Stomp, Stomp, $\frac{1}{2}$ L Walk Around, Fwd Heel, Reverse Walk Around $\frac{3}{4}$ R

1 2 Stomp L next to R, Stomp L next to R,
3 4 5 Turning $\frac{1}{4}$ L Step Fwd L, $\frac{1}{4}$ L-Step Fwd R to 12:00, Place L Heel Fwd,
6 7 8 Step Back on L, $\frac{1}{2}$ R Step Fwd R 6:00, $\frac{1}{4}$ R Step L next to R 9:00

(Note: walk around turns have a compact feel, almost on the spot.)

[48]

This song reminds me so much of Little Richard....The Architect of Rock 'N Roll.

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