

# For Too Long

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Dwight Meessen (NL) - January 2013  
音乐: Locked Out of Heaven - Bruno Mars



The Dance Starts after 19 seconds from the clip

## Section 1: Right Sailor Step. Left Sailor Step. Cross Back. ¼ Turn Left. Right Shuffle Fwd.

1&2      Cross Right behind Left. Step Left to Left side. Step Right to Right side  
3&4      Cross Left behind Right. Step Right to Right side. Step Left to Left side.  
5-6      Cross Right behind Left. Step Left ¼ turn to Left (9)  
7&8      Right shuffle forward stepping Right. Left. Right.

## Section 2: Rock Fwd. Recover. Left Shuffle ½ Turn Left. 2 x ½ Turns Left. Right Shuffle Forward.

1-2      Rock forward on Left. Recover weight on Right.  
3&4      Left shuffle making ½ turn Left, stepping Left. Right. Left.(3)  
5-6      Make ½ turn Left stepping back on Right(9). Make ½ turn Left stepping forward on Left(3)  
7&8      Right shuffle forward stepping Right. Left. Right

## Section 3: Rock Fwd. Recover. &. Rock Fwd. Recover. Step Back. Step Back. Right Coaster Cross

1-2      Rock forward on Left. Recover weight on Right  
&3-4      Step Left next to Right(&). Rock forward on Right. Recover weight on Left.  
5-6      Step back on Right. Step back on Left.  
7&8      Step back on Right. Step Left beside Right(&). Cross Right over Left.

## Section 4: Side Rock. Recover. &. Side Rock. Recover. Walk Fwd. Walk Fwd. Pivot ¼ turn Left

1-2      Rock Left out to Left side. Recover weight on Right  
&3-4      Step Left next to Right(&). Rock Right out to Right side. Recover weight on Left.  
5-6      Walk forward on Right. Walk forward on Left  
7-8      Step forward on Right. Pivot ¼ turn Left(12)

## Section 5: Weave(Start with Cross Right over Left). Cross Rock. Recover. Side. Together

1-2      Cross Right over Left. Step Left to Left side.  
3-4      Cross Right behind Left. Step Left to Left side.  
5-6      Cross rock Right over Left. Recover weight on Left.  
7-8      Step Right to Right side. Step Left next to Right

## Section 6: Right Shuffle ¼ Turn Right. Pivot ½ Turn Right. Rock Fwd. Recover. Left Coaster Step

1&2      Right shuffle making ¼ turn to Right stepping Right. Left. Right (3)  
3-4      Step forward on Left. Pivot ½ turn Right (9)  
5-6      Rock forward on Left. Recover weight on Right  
7&8      Step back on Left. Step Right Beside Left(&). Step forward on Left

## Section 7: Right Heel Fwd. &. Left Heel Fwd. &. Right Scuff Fwd. Touch Right To Left Side. Right Shuffle Fwd. Left Shuffle Fwd

1&2      Tap Right heel forward. Step Right next to Left(&). Tap Left heel forward.  
&3-4      Step Left next to Right(&). Right scuff forward. Touch Right to Right Side  
5&6      Right shuffle forward stepping Right. Left. Right  
7&8      Left shuffle forward stepping Left. Right. Left.

## Section 8: Pivot ¼ Turn Left. Weave(Start With Cross Right over Left). Cross R. Side

1-2      Step forward on Right. Pivot ¼ turn Left. (6)  
3-4      Cross Right over Left. Step Left to Left side.

5-6 Cross Right behind Left. Step Left to Left side.  
7-8 Cross Right over Left. Step Left to Left side.

**Restarts: On walls 2,4 & 6 after 32 counts Facing 12 o'clock.**

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