

Kathie's Mambo

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Dan Albro (USA) - January 2013
音乐: Say Hey (I Love You) - Michael Franti & Spearhead : (CD: All Rebel Rockers)



OR - Any song with Salsa feel

24 count intro

MAMBO FORWARD, MAMBO BACK, ½ TURN SHUFFLE, COASTER

1&2 Rock left forward, recover to right, step left together
3&4 Rock right back, recover to left, step right together
5&6 Turn ¼ right and step side left, step right together, turn ¼ right and step left back
7&8 Right coaster step

9-16 Repeat 1-8

CROSS, SIDE, WEAVE, SIDE ROCK, FORWARD ROCK, SIDE ROCK, CROSS, SIDE

1-2-3&4 Cross left over right, step right to side, cross left behind right, step right to side, cross left over right
5&6 Rock right to side, recover to left, rock right forward, recover to left
7&8 Rock right to side, recover to left, cross right behind left, step left to side

CROSS, SIDE, WEAVE, SCISSOR, SCISSOR ¼ TURN

1-2-3&4 Cross right over left, step left to side, cross right behind left, step left to side, cross right over left
5&6 Step left to side, step right together, cross left over right (weight on left)
7&8 Step right to side, turn ¼ left and step left together, step right forward

REPEAT

Contact Information: Dan Albro "<http://www.mishnockbarn.com>"
Address: Mishnock Barn, 200 Mishnock Rd, West Greenwich, RI 02817
Phone: 401-397-3505