

# Life's A Dance

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 1                      级数: Beginner  
编舞者: Russell Breslauer (USA) - September 2012  
音乐: Life's a Dance - John Michael Montgomery



Start after 16 counts on the lyrics (1 OR 4 wall dance)

## GRAPEVINE RIGHT, ROCKING CHAIR

1-2                      Step right to right, Step left behind right  
3-4                      Step right to right, hitch left  
5-6                      Step left forward, recover on right  
7-8                      Step left back, recover on right

## GRAPEVINE LEFT, ROCKING CHAIR

9-10                     Step left to left, Step right behind left  
11-12                    Step left to left, hitch right  
13-14                    Step right forward, recover on left  
15-16                    Step right back, recover on left

## WALK FORWARD, ROCKING CHAIR

17-20                    Walk forwards stepping right, left, right and hitch left  
21-22                    Step left forward, recover on right  
23-24                    Step left back, recover on right

## WALK BACK, ROCKING CHAIR (\*JAZZ BOX 1/4 R FOR 4-WALL)\*

25-28                    Walk backwards stepping left, right left and hitch right  
29-30                    Step right forward, recover on left  
31-32                    Step right back, recover on left

### \*Jazz Box option

\*29-30 □ □ Step right cross over left, recover on left

\*31-32 □ □ Turn ¼ right on right, recover on left

## REPEAT

\* To make this a 4-wall dance, have the last figure (29-32) be a jazz box ¼ turn right. Rock right across left, recover on left, turn ¼ right on right, step left next to right.

\*\*To make the dance fit the music you might want to put in 4 count TAGS (step touch, step, touch) after the second wall and after the seventh wall and a RESTART after 16 counts of wall 4. It is actually a sped up 4 count Tag.

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Revised 4/22/15

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