Why Wait Another Minute



编舞者: Di McGrorey (AUS) - October 2012

音乐: Why Wait - Rascal Flatts: (Album: Nothing Like This)



Intro: 16 counts after heavy beat starts.

SIDE SHUFFLE L, ROCK BACK RECOVER, SIDE SHUFFLE R, ROCK BACK, RECOVER

1&2,3,4 Step L to L side, Step R next to L, Step L to L side, Rock back R, Rock forward L Step R to R side, Step L next to R, Step R to R side, Rock back L, Rock forward R.

LEFT LOCK AND SHUFFLE, RIGHT LOCK AND SHUFFLE

1,2,3&4 Step forward L, Lock R behind, Step forward L and shuffle forward, 5,6,7&8 Step R forward, Lock L behind, Step forward R and shuffle forward

ROCK ½ TURN AND L SHUFFLE FORWARD, 2 KICK BALL STEPS

1,2,3&4 Rock forward L, Recover R, ½ turn L shuffle forward LRL 5&6,7&8 Kick R forward, Step R together, Step forward L, x2,

2nd Restart, 6.00

SIDE ROCK, BEHIND AND CROSS, SIDE ROCK BEHIND AND CROSS

1,2,3&4 Rock R to R side, Step L, Step R behind, Step L to side, Cross step R over L 5,6,7&8 Rock L to L side, Step R, Step L behind R, Step R to side, Cross step L over R

MONTEREY 1/2 TURN, R HEEL BALL CROSS X2

1,2,3,4 Touch R to R side, ½ turn R, Step R together, Touch L to L side, Step L next to R

5&6.7&8 R heel forward, Step down on R, Cross step L over R, x2

SIDE ROCK CROSS SHUFFLE, L HEEL BALL CROSS X2

1,2,3&4 Rock R to R side, Recover L, Cross shuffle R over L 5&6,7&8 L heel forward, Step down on L, Cross step R over L x2

SIDE ROCK, CROSS SHUFFLE, STEP 1/2 TURN, SHUFFLE FORWARD

1,2,3&4 Rock L to L side, Recover R, Cross shuffle L over R 5,6,7&8 Step R forward, ½ turn L, Shuffle forward RLR

FULL TURN, SHUFFLE RLR, ROCK FORWARD R, RECOVER L, R COASTER

1,2,3&4 Full turn forward R, stepping LR, Shuffle LRL

5,6,7&8 Rock forward R, Recover L, Step back R, Step L next to R, Step forward R

#1st Restart 12.oo

ROCK FORWARD L, RECOVER R, L COASTER, SIDE ROCK R, TOGETHER, SIDE ROCK L, ROCK R

1,2,3&4 Rock forward L, Recover R, Step back L, Step R next to L, Step forward L

5,6&7,8 Side rock R, Recover L, Step R next to L, Side rock L, Recover R

1st Restart: Wall 2 after 64 counts # 12.00

2nd Restart: Wall 5 after 24 counts ## 2nd Restart. 6.00 (Change 2nd R kick ball step to kick and touch L next to R)

Tag: At the end of Wall 6, add hip sways, LRLR, finishing with weight on R.

Wall 7: Dance first 20 counts, music starts to fade, finish with Step forward R ½ turn L Step forward R, touch L next to R, Step L to side, and slowly slide R next to L (8 counts)

Dance is not as hard as it seems, enjoy.

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