

Through The Grapevine

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 2 级数: Low Intermediate - Smooth WCS
编舞者: Ronald "RONNIE" Grabs (DE) - January 2013
音乐: I Heard It Through the Grapevine - Michael McDonald



FWD. WALK-WALK / ENGLISH CROSS / SIDE ROCK / BEHIND-SIDE-CROSS

1,2 step right foot forward, step left foot forward,
&3-4 1/8 turn left stepping right diagonally forward (12:00), cross step left foot in front of right, 1/8
 turn right stepping right foot forward,
5,6 rock left foot to left side, recover weight on right foot,
7&8 cross step left foot behind right, step right foot to side, cross step left foot in front of right,

SWAY R / SWAY L-R-L / SAILOR STEP / SAILOR 1/4 TURN L

1-2 step right foot to right side and sway hips to right, hold,
3&4 sway hips to left, sway hips to right, sway hips to left,
5&6 cross step right foot behind left, step left foot to left side, step right foot diagonally forward,
7&8 cross step left foot behind right, 1/4 turn left stepping right foot next to left, step left foot
 forward,

FWD. WALK-WALK / ANCHOR STEP / STEPPING 3/4 TURN L / SAILOR STEP

1,2 step right foot forward, step left foot forward,
3&4 cross step right foot behind left, recover weight on to left foot, step right foot slightly back,
5,6 1/2 turn left stepping left foot forward, 1/4 turn left stepping right foot to side,
7&8 cross step left foot behind right, step right foot to right side, step left foot diagonally forward,

CROSS ROCK / SWEEP-SAILOR 1/2 TURN R / CROSS-HOLD / SIDE MAMBO-TOUCH

1,2 cross rock right foot in front of left, recover weight on to left,
3&4 sweep right foot back starting 1/2 turn right cross step right behind left, step left foot next to
 right, finish 1/2 turn right stepping right foot diagonally forward,
5-6 cross step left in front of right and hold,
7&8 rock right foot to right side, recover weight on to left foot, toe touch right foot next to left,

REPEAT
